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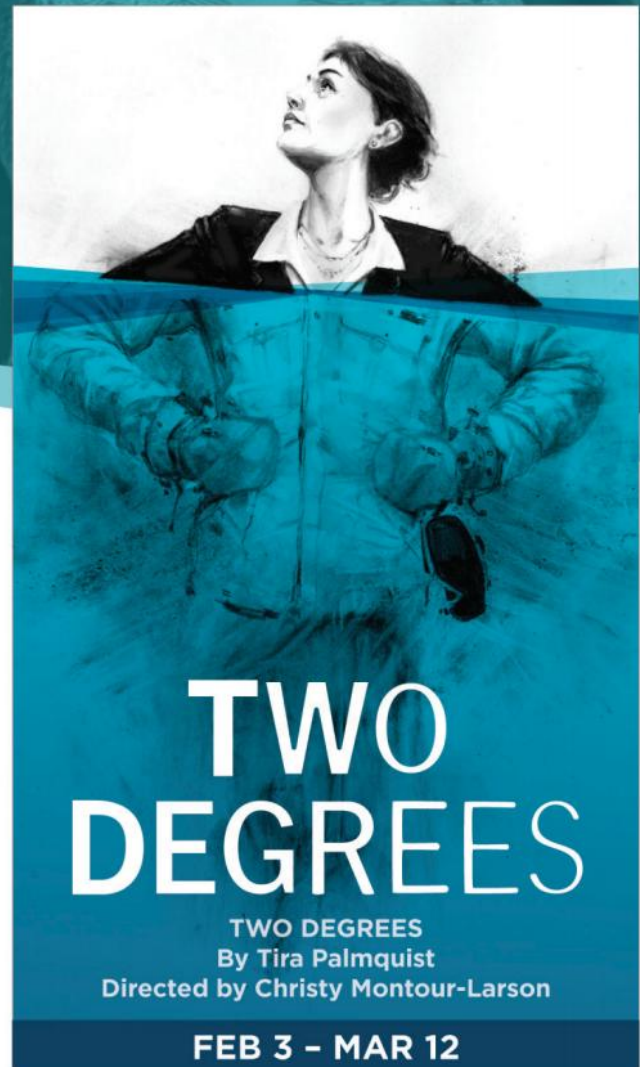
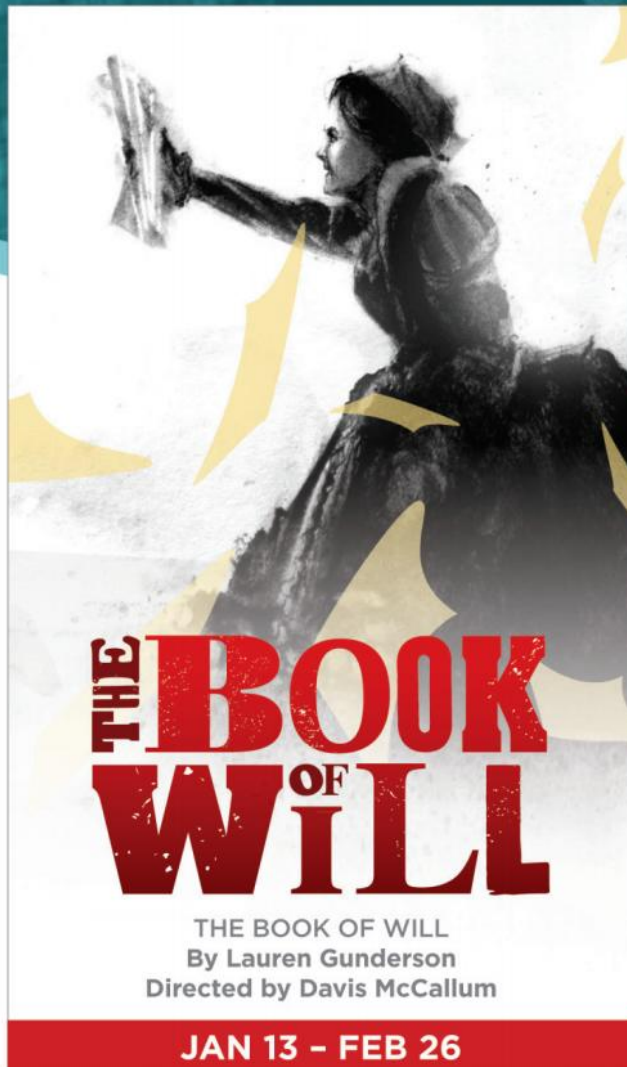
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Photos pictured above: Laura Latreille in *The West*, photo by Adams Visual Communications; Stephanie Martignetti,  
Cameron Adams and Jesmille Darbouze in *The Unsinkable Molly Brown*, photo by Jennifer M Koskinen.

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## WINTER WONDERLAND

A SNOWCAPPED ESCAPE  
THAT'S HIGH ON STYLE

### ON THE COVER

Moncler Post Card Hooded Quilted Down Jacket, \$1,285; Theory Sallie Refine Merino Sweater, \$200; Theory Demitria DF Portland Flared Pants, \$365; Canada Goose Shearling Fur Pilot Hat, \$225

### ON THIS PAGE

On the gentleman: AG Matchbox 20-Year Bungalow Jeans, \$245; Crown Cap America's Rabbit Aviator, \$105  
On the lady: Burberry Zip-Front Quilted Puffer Jacket, \$1,395; Theory Sallie Refine Merino Sweater, \$200; Current-Elliott The Ankle Velvet Pants, \$228

Photo: Joe Keum, studiojk.com  
Hair: Maria McGregor, L Style Bar  
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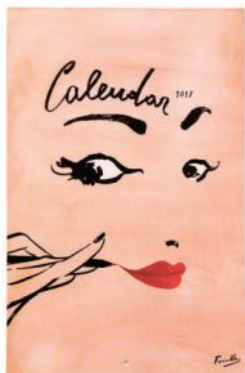
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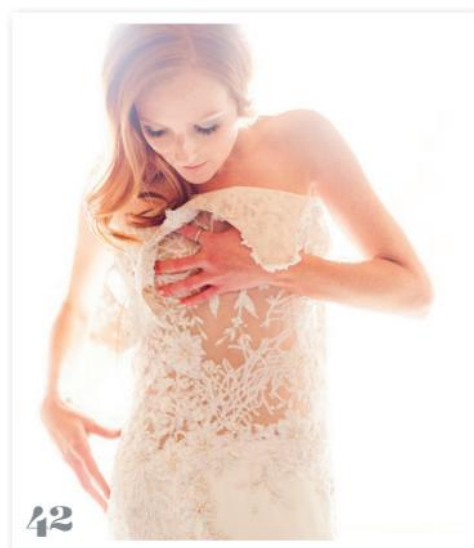
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*A block as inspiring as its  
dining and shopping.*



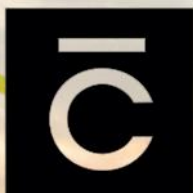
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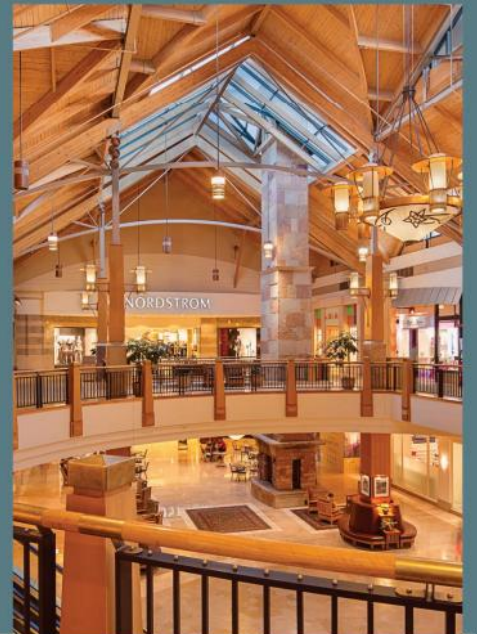
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It's a new year and while the notion may be clichéd, I have always found this time to be one of fresh starts, bright beginnings and second chances. From the simplest things like taking up a new hobby, to the more complex like mending fences with a loved one, with each new year comes a clean slate. It's an idea that I find so very motivating, both personally and professionally.

## Editor's Desk



PLAYING ON SET WITH MY SWEET PUP, MINNIE.

PHOTO BY JOE KEUM  
HAIR BY MARIA MCGREGOR, L STYLE BAR, LSTYLEBAR.COM  
MAKEUP BY JESSICA DOWLING, VERT BEAUTY, VERTBEAUTY.COM  
WARDROBE BY RALPH LAUREN, NEIMAN MARCUS DENVER

This year, we will celebrate our fifth anniversary as a print publication – a milestone that was not easy to achieve and one of which we are infinitely proud. Yet for us, it's not about resting on our laurels but rather, building on our accomplishments. As a publication and as individuals, we are always trying to find new avenues to travel, new ways to inspire, new stories to tell and new heroes to celebrate. And while this sort of change doesn't happen overnight, it does happen brick by brick or, in our case, page by page. Watch for a new look, original perspectives and reinvented classics throughout *Reign's* 2017 issues.

Likewise, change within us can happen one step at a time, with even the smallest of efforts. In *Best Year Ever* (page 76) we offer up tips that can be implemented every month to inspire positive change in every part of your life. From the more obvious improvements like exercise and nutrition, to those that impact one spiritually like giving back to the community, our experts have sketched a roadmap that will help you become your most self actualized you yet.

From there, we head to the high country but this time, without the skis strapped to the hood. In *Mountain Mavens* (page 69) we're exploring the Rockies from a different vantage point. For those whose views aren't coming from the top of a gondola, there's plenty to do in Colorado's bustling mountain towns. From art museums to operas and dining to antiquing, these adventures don't require a lift ticket.

Naturally, our fashion story, *Winter Wonderland* (page 58), was inspired by our state's snowcapped peaks and stunning meadows. Shot on location at a historic family ranch, we bundled up and braved the elements to capture a couple enjoying the great outdoors in the grandest of style. We hope these images bring a smile to your face as you curl up by a crackling fire.

From our family to yours, we wish you a very happy new year. Cheers to a 2017 that's filled with passion and prosperity!

Yours in style,  
*Betsy Marr*  
Betsy Marr



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## Contributor



### CHELSEA MAGNESS ASSOCIATE EDITOR

#### *Right now, I am inspired by*

Kelly Wearstler. I am in the process of designing my new home, and I am blown away by her use of color and pattern.

#### *My favorite blooms are*

Hydrangeas. My fiancé knows I adore these flowers so much that he went through the trouble of having them imported from Holland the day he proposed.

#### *I'd rather be in*

The Serengeti. My family and I took a vacation to Africa this summer during The Great Migration, and the feeling of being surrounded by millions of animals in an exotic setting is second to none!

#### *Heirlooms I treasure*

My engagement ring. The solitaire diamond came out of my late grandma Betsy's ring that she referred to as her "brothers" ring. One diamond per son. I now wear the stone that represented my dad.

#### *My signature cocktail*

Tequila es mi amigo.

#### *Guilty pleasure*

Netflix and chill.

#### *On my playlist*

I may be a little biased, but I love jamming out to my little sister's most recent EP, "New Dynasty" by Camryn. Did I mention my little sister is a pop star?

#### *Books I covet*

My grandmother bound a book of her own recipes for me when I turned 18, and she is a FABULOUS cook!

#### *You'll find me dining at*

You're more likely to find me at a dive than a steakhouse. One of my favorites- a smothered chile relleno burrito from Taco de Mexico.



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## Wired

### Blogger Crush



### THE EVERYGIRL



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We get it, fashion blogging is a lot of work. It takes consistency and creativity, coupled with a spot on eye for style. That being said, we are pretty much over seeing photo after photo of young girls twirling about in their #OOTD. That's why we're addicted to The Everygirl, the chic blog that delivers sage yet stylish advice on just about everything. The brainchild of BFFs Danielle Moss and Alaina Kaczmarek, The Everygirl is as smart as it is inspiring. With everything from dreamy home tours, to what to watch on Netflix and how to invest that holiday bonus, the blog has you covered. We especially love the travel section, which is chock-full of off-the-beaten path guides that any tastemaker would appreciate.



» from yours truly «



OUR IN-LAWS SAYING "I DO," MICK AND JERRY, RITA HAYWORTH APRÈS SKI AND BALBOA ISLAND. WE FIND INSPIRATION EVERYWHERE.

## INSTA- LOVE



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### JILLIAN HARRIS

We've been smitten with Canadian cutie Jillian Harris since she first appeared on *The Bachelor* in 2009. Since then, the design maven's career has skyrocketed – from hosting HGTV's popular *Love it or List It* to her status as a blogosphere superstar. Harris' design prowess and darling tastes make for posts we constantly covet and her Instagram page fills our feed with one dreamy photo after the next. Her recent addition, a baby boy (Leo) with longtime love Justin Pasutto (to whom Harris is newly engaged) has upped the cuteness quotient tenfold, and we couldn't be happier for her.



### RIGHT NOW



RIGHT NOW, WE'RE TAKEN BY THE TRÈS CHIC LOVE AFFAIR BETWEEN FRENCH ACTRESS JANE BIRKIN AND SINGER SONGWRITER HUSBAND SERGE GAINSBORG. VINTAGE PHOTOS OF THE COUPLE HAVE US ETERNALLY INSPIRED.

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## the making of a cover



### the location

A family ranch, tucked away deep into the hills of Colorado. With thousands of acres to set the stage, our location was downright showing off on that chilly winter day. Pines, Aspens, frozen lakes, plenty of snow and hidden structural gems dot the property, making it the perfect place to capture the unrivaled beauty of the Rockies after a fresh snowfall.

### the photographer

"WITH GORGEOUS MODELS AND A BACKDROP THAT WAS PURE COLORADO, THIS SHOOT WAS SIMPLE BUT STUNNING. WE TOOK ADVANTAGE OF THE NATURAL BEAUTY AND THE NATURAL LIGHT TO HIGHLIGHT HOLLY'S STATUESQUE FEATURES. A POSH LOOK THAT WAS PERFECT FOR THE SNOW, SHE PLAYED IT UP FOR THE CAMERA, HAVING FUN WITH VARIOUS POSES AND USING THE VINTAGE SLED AS HER CO-STAR. IT'S A CLASSIC COVER LOOK THAT'S MODERN AND TIMELESS ALL THE SAME."

—JOE KEUM, STUDIO JK

### the beauty

"Our cover girl was so organically beautiful that we really wanted to play up her features without giving her a look that was too dramatic or overdone. We kept her natural, adding ILIA Multi-Stick in Cheek to Cheek for a very subtle flush, while her lips got a more powerful red punch, while still remaining perfect for daytime. A look that feels fresh off the mountaintop."

—JESSICA DOWLING, VERT BEAUTY

#### GET THE LOOK...

Jane Iredale Crimson Lip Pencil, \$15  
RMS Spell Lip Shine, \$25  
ILIA Cheek to Cheek Multi-Stick, \$36

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### the inspiration

"We're eternally inspired by the starlets of years gone by. This photo of icon Audrey Hepburn sledding in the snow was the inspiration behind our Mountain Issue cover. Playful and chic with a nod to the past, it's the very heart of *Reign Magazine*."

—BETSY MARR, EDITOR IN CHIEF





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**Karen Walker**  
Lunar Rose Gold Sunnies, \$300  
[net-a-porter.com](http://net-a-porter.com)

**Kate Spade New York**  
Read My Lips Calendar, \$25  
[katespade.com](http://katespade.com)

**Jimmy Choo**  
Lockett Petite Shoulder Bag,  
\$2,275  
[jimmychoo.com](http://jimmychoo.com)

**Eugenia Kim**  
Georgia Wool Fedora, \$440  
[net-a-porter.com](http://net-a-porter.com)

**Hermès**  
Jardin Botanique Printed Bangle,  
\$550  
[hermes.com](http://hermes.com)

**Fernando George**  
Calyx 18K Multi Stone Earrings,  
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**Two Times Design**  
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[zincdoor.com](http://zincdoor.com)

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AND SOUNDS  
WARMING US UP  
THIS WINTER

## Seen & Heard

## R E A D

**MOUNTAIN HOUSES**, ABRAMS  
**SNOW BEACH**, ALEX DYMOND  
**FREEDOM FOUND**, WARREN MILLER  
**WINTER HOUSE**, CHARLOTTE MOSS  
**ALP: ALPINE LANDSCAPE**, OLAF UNVERZART  
**THE SKI HOUSE COOKBOOK**, TINA ANDERSON  
**IN THE SPIRIT OF ASPEN**, KATHRYN LIVINGSTON  
**MOUNTAIN RANGES OF COLORADO**, JOHN FIELDER  
**THE ULTIMATE SKI BOOK**, GABRIELLE LE BRETON  
**THE STYLISH LIFE: SKIING**, GABRIELLE LE BRETON  
**AMERICAN SKI RESORT**, MARGARET SUPPLEE SMITH  
**POWDER: THE GREATEST SKI RUNS ON THE PLANET**, PATRICK THORNE  
**SKI STYLE: SPORT AND CULTURE IN THE ROCKIES**, ANNIE GILBERT COLEMAN  
**LIVING THE LIFE: TALES FROM AMERICA'S MOUNTAINS & SKI TOWNS**, DAVID J. ROTHMAN



"WINTER MUST BE COLD  
FOR THOSE WITH NO WARM MEMORIES."

—Deborah Kerr in *An Affair to Remember*

## W A T C H

**FARGO** (1996)  
**FROZEN** (2013)  
**LOVE STORY** (1970)  
**NOBODY'S FOOL** (1994)  
**ROMEO + JULIET** (1996)  
**DOCTOR ZHIVAGO** (1965)  
**BEAUTIFUL GIRLS** (1996)  
**DUMB AND DUMBER** (1994)  
**THE WAY WE WERE** (1973)  
**SLEEPLESS IN SEATTLE** (1993)  
**AN AFFAIR TO REMEMBER** (1957)  
**IT HAPPENED ONE NIGHT** (1934)  
**ETERNAL SUNSHINE OF THE SPOTLESS MIND** (2004)



## L I S T E N

**WHITE AS SNOW**, U2 (2009)  
**FIRE AND ICE**, PAT BENATAR (1981)  
**WINTER**, THE ROLLING STONES (1973)  
**WINTERTIME LOVE**, THE DOORS (1968)  
**50 WORDS FOR SNOW**, KATE BUSH (2011)  
**RIDERS ON THE STORM**, THE DOORS (1971)  
**COLDER WEATHER**, ZAC BROWN BAND (2010)  
**SHELTER FROM THE STORM**, BOB DYLAN (1975)  
**ROCKY MOUNTAIN HIGH**, JOHN DENVER (1975)  
**HAZY SHADE OF WINTER**, THE BANGLES (1987)  
**SWEATER WEATHER**, THE NEIGHBOURHOOD (2013)  
**I'VE GOT YOUR LOVE TO KEEP ME WARM**, JACKIE GLEASON (1956)  
**I FELT THE CHILL BEFORE THE WINTER CAME**, ELVIS COSTELLO (2009)

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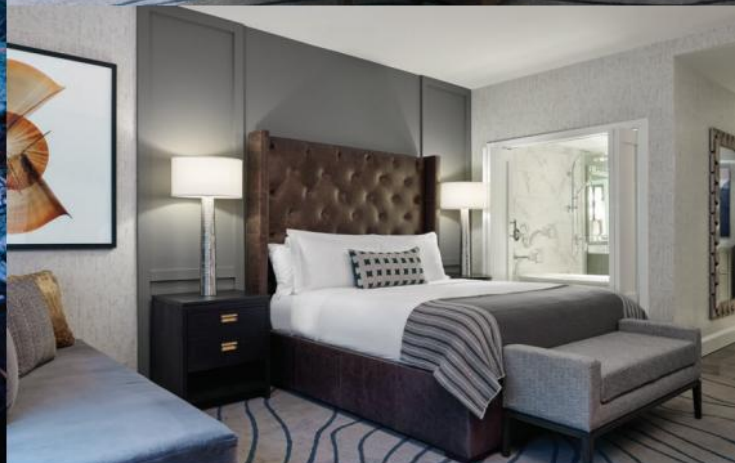
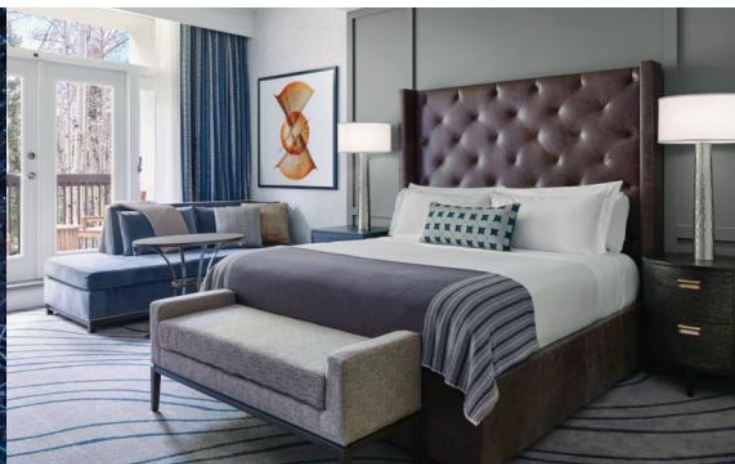
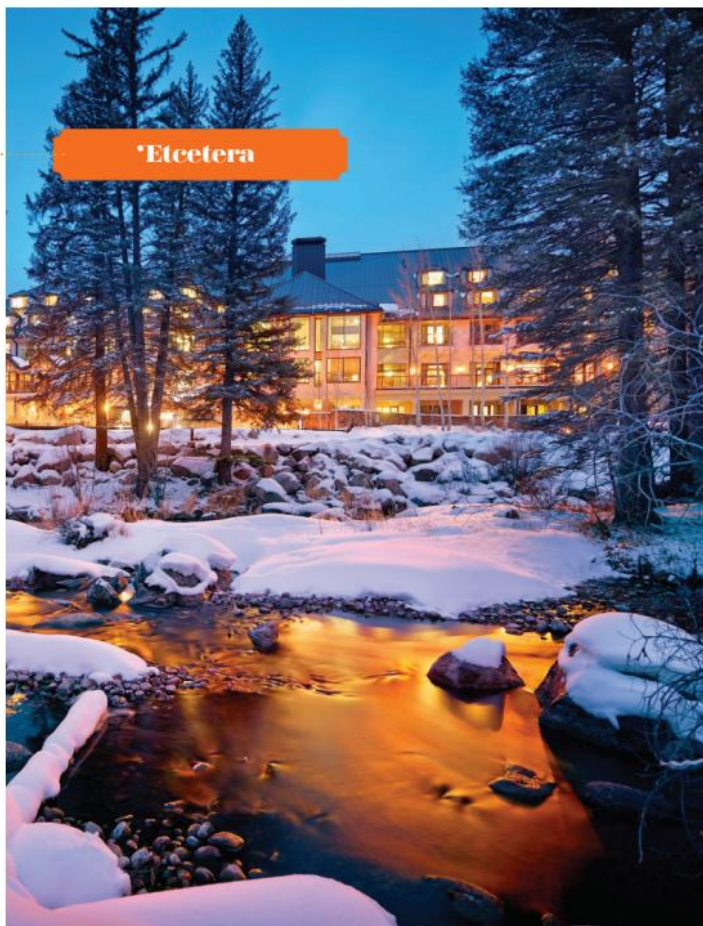
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## The Inn Crowd

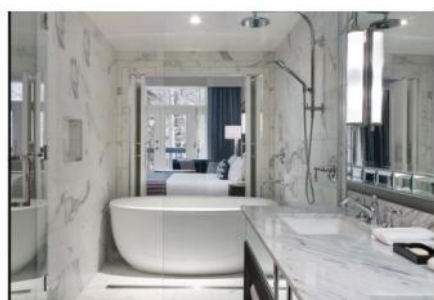
The concept of a luxury hotel in the heart of Vail is not new. With dozens of respites in only 4.5 square miles, options most certainly abound. But one new property, Hotel Talisa, is standing tall amongst the pack. Set to open this spring, Talisa is taking over the former Vail Cascade space and will boast 285 uber luxe rooms perched right against the world-famous mountain. Larus Corporation, a private real estate development firm, is leading the charge and, according to the company, is creating the only true luxury ski in/ski out property in Vail.

To up the hospitality ante, Talisa is offering thoughtful touches at every turn – a slipper and pillow menu that allows guests to choose their perfect slumbering accoutrement, an altitude concierge and Talisa Tykes, an over-the-top kid's club that indulges the resort's littlest guests in the likes of pizza making classes and scavenger hunts. The property is

also pet-friendly, offering Fido special amenities and an in-room dining menu designed for four legged friends. What's more, Talisa will have three culinary venues, including a three-meal restaurant, a fireside bar and lounge and a café style market, each sourcing ingredients from local ranchers and farmers.

Following the hotel's grand opening, The Spa at Hotel Talisa will open its doors with an alpine-inspired sanctuary. The tony spa's extensive menu of treatments will include mountain mud baths and body scrubs infused with botanicals found near Vail Mountain's storied hiking trails.

// More at [hoteltalisa.com](http://hoteltalisa.com)





## Artfully Plated

Much like the tony mountain getaway in which it resides, the Aspen Art Museum needs to be seen to be believed. It's a stunning, state-of-the-art facility that attracts some of the most celebrated talent from around the globe. Case in point? The latest exhibit showcasing Julian Schnabel's Plate Paintings [1978-86]. An artist who exploded onto the scene in the 1980s, Schnabel's large-scale works set on broken ceramic plates have received international media attention for decades. Today, the exhibition (which runs through President's Day) is the first museum presentation to focus on the renowned American artist's now culturally iconic plate paintings. The series reveals Schnabel's interest in material experimentation, the physicality of surface and the relationship between the figure and abstraction. His AAM show includes a concise survey of these works – from the artist's first plate painting, *The Patients and the Doctors* (1978), through *The Walk Home* (1985). A coup for art lovers visiting the Aspen area, the inherent fragility and scale of the paintings alone make the exhibit a rarity. Add in their wide dispersion among museums and collectors, and it's not surprising that the showcase is amongst the art world's most lauded. Then again, what Aspen wants, Aspen usually gets.

// More at [aspenartmuseum.org](http://aspenartmuseum.org)



## + HAT TRICK

We admit it. When it comes to snow sports, dressing the part is half the fun. And nobody knows this better than mountain town fashion mavens. Enter Snow Angels, the too-cute-for-words line of kitted caps from Vail-based Susan Wagenknecht. Each hand-knitted piece boasts a fab 16-inch pom fashioned from repurposed, vintage fur. Translation? No virgin fur is ever used, but rather hand selected by a furrier at local estate sales. What's more, every Snow Angel design is made of 100% merino wool (so cozy) and is adorned with a darling Swarovski crystal snowflake logo. Our latest obsession, we'll take one in every color.



// More at [snowangelknits.net](http://snowangelknits.net)



'Etcetera



## CHANGE OF A DRESS

We've always been fans of the colorful, quirky style of one Ms. Kate Spade. Now, our favorite design house has moved a hop and a skip from Fillmore Plaza to Cherry Creek Shopping Center. Brimming with looks that are both girlish and glam, Kate Spade New York's Denver presence couldn't be more welcomed. We especially love the Arabian Nights flair of the spring collection, which is fraught with tassels, natural fibers and adorably appointed camels. Also check out the Beyond Yoga X Kate Spade athleisure wear. It'll take your workout game up several fashionable notches.

// More at [katespade.com](http://katespade.com) or 303.270.0195

Sarah O



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Denver, CO 80212



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## Burch in the Creek



It's no secret that we're smitten with longtime Denver fashion staple Garbarini. So when we heard that the boutique was adding another of our faves, Tory Burch, to the mix we fell head over four inch heels. Beginning this spring, Garbarini (in the heart of Cherry Creek North) will be retailing the preppy purveyor's classic wares. From the tunics that made Burch famous, to separates that boast pattern play galore, Garbarini has curated the perfect selection of the popular label's most coveted looks. While there, also check out the shop's other enviable collections – think Milly, DVF and Bloom Jewelry.

// More at [garbarinishop.com](http://garbarinishop.com)



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## Restaurant Row

Last year saw more than 200 restaurants open in the Denver metro area, confirming the mile high city's reputation as a foodie town. In 2017, we have even more to look forward to, seeing trends toward Southern cuisine and wood-fired cooking.

We'll welcome The Post Chicken & Beer, a fried-chicken-centric joint offering its own craft beers like its siblings in Lafayette and Longmont; LOW Country Kitchen adding a LoHi outpost to its famed Steamboat location; Birdcall, which will make its home in the former Five Points Tom's Home Kitchen and helmed by Park Burger's Jean-Phillipe Failyau; and Tupelo Honey Southern Kitchen & Bar, a North-Carolina-based chain serving Southern classics with a Colorado twist. Some of our favorite restaurateurs are also opening up new concepts: Justin Cucci brings us the small plates of Spain and the Eastern Mediterranean at El Five; Frasca's Bobby Stuckey and Lachlan Mackinnon-Peterson are bringing pan-regional Italian to Union Station with Tavernetta; ChoLon/Cho 77's Lon Symensma adds a breakfast space to ChoLon but departs from Asian cuisine at Concourse Restaurant Moderne; Frank Bonnano will bring Denver a much-needed classic French bistro at French 75; former Panzano Executive Chef Elise Wiggins opens her long-awaited Cattivella; Denver restaurant doyenne Jennifer Jasinski brings us Spanish

tapas at Ultreia; Kevin Taylor partners with son Ryan to open wood-fired kitchen Hickory & Ash; and Troy Guard adds one more to his empire with Hashtag, a brunch-focused eatery. The nightclub/steakhouse STK opened in January with an unforgettable party, while Shake Shack, the iconic NYC burger joint, will finally come to beef-loving Denver. Denver favorites like Sushi-Rama, Punch-Bowl Social, Rosenberg's Bagels, and Olive & Finch will all expand with additional locations, while we welcome transplants Jeffery Wall, of Atlanta's Kimball House fame at Hearth & Dram and Caroline Glover of New York's The Spotted Pig at Annette Scratch to Table. Kris and Jason Wallenta, the team behind taqueria Dos Santos, will open an East-Coast style pizzeria called White Pie; Max Mackissock and Juan Padro of Bar Dough and Highland Tap and Burger will open a Mexican concept called Señor Bear; the team behind popular food truck Lobster Bliss will get a brick and mortar location at Ocean to Plate; Beatrice & Woodsley's whimsy will carry over into Capitol Hill at Mighty Mighty Sparrow! and the Sea Maiden; and Chris Sargent of Telegraph and Brazen adds a third eatery with Kindred.

With all of these – and more – making Denver home, it's safe to say we'll never go hungry again.





Photo by Jennifer Olson

OF-THE-MOMENT  
CURIOSITIES THAT  
STRIKE OUR FANCY

## De Rigueur



**Valentino**  
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[neimanmarcus.com](http://neimanmarcus.com)



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**Herend**  
Parrot Standing, \$2,055  
[herendusa.com](http://herendusa.com)



## THE PARROT

A symbol of wisdom, communication and truth telling, the parrot is a colorful creature whose legend is as bright as its feathers. The exotic bird is alluring in its beauty and evokes a tropical sense of whimsy. Followers of Feng Shui even believe the parrot signifies positive energy and blessings of good luck. Today, the parrot is taking the design world by storm, serving as a beloved motif for apparel, accessories and other accoutrement.



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**Prada**  
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*shown above; Fata Morgana I*

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## MONTAGE LAGUNA BEACH

A SCENIC DRIVE DOWN THE PACIFIC COAST HIGHWAY IS ALWAYS A WELCOMED ESCAPE, YET WHEN IT WINDS THROUGH THE SLEEPY STREETS OF LAGUNA BEACH AND INTO THE COBBLESTONE DRIVEWAY OF THE PICTURE PERFECT MONTAGE RESORT, IT'S AN EXPERIENCE THAT'S MORE THAN A CUT ABOVE.

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WORDS BY **BETSY MARR**

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## The Property

Equal parts relaxed and refined, Montage Laguna Beach is a property immersed in its surroundings. Perched on a bluff high above the Pacific Ocean, the 30-acre site once played host to a mobile home park. All of that changed in 2003 with the opening of the area's most lauded respite. Since then, the craftsman style hotel has gained a loyal following of well heeled travelers, while garnering hundreds of awards and nods from nearly every top publication in the country.

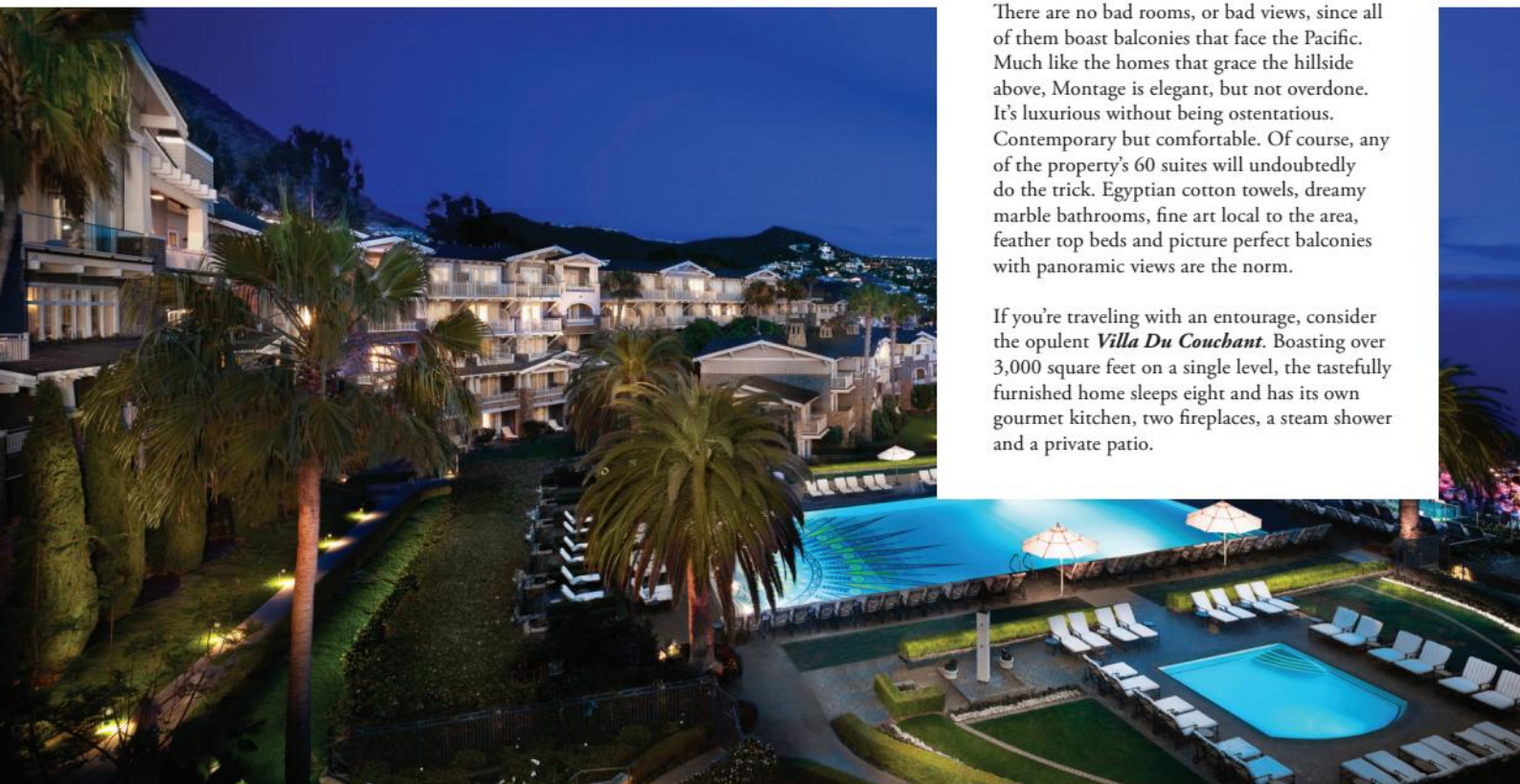
With 250 luxe guest rooms, several notable dining options, a perfectly appointed spa and a front row seat to Laguna's Aliso Beach, Montage is in a class of its own.



## The Accommodations

There are no bad rooms, or bad views, since all of them boast balconies that face the Pacific. Much like the homes that grace the hillside above, Montage is elegant, but not overdone. It's luxurious without being ostentatious. Contemporary but comfortable. Of course, any of the property's 60 suites will undoubtedly do the trick. Egyptian cotton towels, dreamy marble bathrooms, fine art local to the area, feather top beds and picture perfect balconies with panoramic views are the norm.

If you're traveling with an entourage, consider the opulent *Villa Du Couchant*. Boasting over 3,000 square feet on a single level, the tastefully furnished home sleeps eight and has its own gourmet kitchen, two fireplaces, a steam shower and a private patio.





## The Dining

**The Loft** is the property's more casual dining option, yet still boasts an award winning team of chefs and sommeliers. In fact, the restaurant even employs an in house fromagier who curates a renowned selection of cheeses in The Loft's cheese gallery. Guests can settle in at the marble counter and sample varietals much in the same way they would with a som when tasting wines. For breakfast, try the Bananas Foster Waffle, which while rich, is topped with peanut butter crème and salted peanuts that will change your life.

**Studio**, perched in its own charming space above the Pacific, is one of the area's most celebrated restaurants and with good reason. Studio serves modern French cuisine with California influences best experienced via the ever-changing six-course chef's tasting menu. The chef scours the California coast to find fresh ingredients from the sea, local ranches, orchards and farms, even enlisting a personal forager in his pursuit. Studio's wine program is equally impressive, with a pedigreed sommelier perfectly paring wines from over 2,500 labels. The space itself – an idyllic knoll with sweeping ocean views – plays host to a pair of twin palms known as “Lucy and Desi” in honor of the Hollywood couple's 1953 movie filmed at Studio's very location, **The Long, Long Trailer**. For dinner, lean towards Kobe Beef strip loin, hot English pea soup and a decadent soufflé serviced with cinnamon ice cream.

Poolside, **Mosaic Bar and Grille** will curb your cravings with an al fresco meal that's both tasty and toned down. Shrimp ceviche, lobster salad and a blackened halibut sandwich are amongst our favorites, and beach service is available upon request.



## The Spa

**The Spa at Montage** – all 20,000 square feet of it – is among the best appointed in the nation. The usual suspects abound – a sauna, eucalyptus steam room, fireplace lounges and whirlpools – but the adult-only lap pool with full ocean views makes it truly resplendent. Opt for the 90-minute **Jacqueline Piotaz Bio Detox & Anti-stress Beauty Treatment**. The chic and effective facial designed by the Swiss skincare line specifically for Montage Resorts will nourish stressed skin (yes, please) while calming redness and sending you into a state of sheer bliss. Also notable is the **Lemon Juniper Detox Massage**, which uses coastal aromas like rosemary, thyme and grapefruit along with a series of dry brushing (great for circulation), massage and a cooling gel. Afterwards, order the **Cucumber Crush** (voted So Cal's best skinny cocktail) poolside and curl up on a chaise as you watch the waves post-treatment.

## The Area

Once a little known surf haven that was home to stars like **Judy Garland** and **Ozzie and Harriet** who were looking to get away from it all, **Laguna Beach** has since gained worldwide fame. Yet its roots are still those of the causal California lifestyle. Brimming with art galleries, locally owned eateries and quirky boutiques, a stroll through the streets is always eclectic and entertaining. Back at the resort, let Montage's concierge staff plan your agenda. From surfing to stand up paddleboarding, to tennis, kayaking, sport fishing, sailing, whale watching and hiking, the area is replete with outdoor activities that will satisfy the beachcomber and thrill seeker alike.



MONTAGE LAGUNA BEACH  
800.271.6953  
MONTAGEHOTELS.COM/LAGUNABEACH



## IN HER TOTE

A trip to Montage Laguna Beach calls for a bag that's packed with light layers, casual comfort and unassuming luxury.

All via [net-a-porter.com](http://net-a-porter.com)



Globe Trotter  
Goring Mini Travel Trolley,  
\$1,035

J. Crew  
Striped Ribbed  
Cashmere Scarf,  
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Comme des Garçons  
Tape Plaid Wool Pouch,  
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Maison Margiela  
Ribbed Wool Sweater,  
\$740



This Works  
In Transit No Traces,  
\$31



Lisa Marie Fernandez  
Selena Smocked Bikini,  
\$400



Castañer  
Carina Canvas Espadrille,  
\$110



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## ➤ PICKUP THE PACE

A Mercedes-Benz pickup truck? It could happen. Actually, it is happening in Europe, South America, South Africa and Australia with a possibility (albeit no timetable) for the United States. The X-Class is a collaboration with the Germans and Nissan, based on the Japanese automaker's global Navarra model. The off-road and street versions will be offered in a five-passenger crew cab configuration with a short bed and a four-wheel coil-spring suspension. The off-road model is equipped with a low range transfer case and locking differentials with both rear and all-wheel-drive available. Mercedes expects the trucks to have a maximum payload capacity in excess of 2,400 pounds and will tow over 7,700 pounds, both metrics being extremely impressive for midsize pickups. In addition to a selection of diesel engines and a V6 of unspecified power and size, the X-Class will have the latest radar and camera-based driver assist and automatic safety systems and an infotainment system accessible via a smartphone app as well as leather upholstery and real wood trim.

➤➤ MORE AT [MBUSA.COM](http://MBUSA.COM)



## MOVING MOUNTAINS

Mountain Khakis are on their way down from Jackson Hole, Wyoming, to a new set of peaks right here in Colorado. The mountain town-inspired lifestyle apparel brand had its soft opening this fall, and in February, will come out with a bang at its first independently owned retail store on Denver's Larimer Square. With looks that are both rugged and refined, we think it's as seamless a fit as the pants themselves. "Mountain Khakis was born in the mountains so it is natural for us to open our first independent retail location - our flagship store - in the mile-high city," company president Ross Saldarini explains. The store will give outdoor and fashion devotees a closer look at the label's Jackson Hole heritage which showcases a fusion of old west and new west flair. With apparel and accessories that fit the laid back Colorado style, Mountain Khakis' pants, knitwear and outerwear are ready to hit the trail or the town. We love the one-of-a-kind items like canvas market tote bags fashioned with recycled climbing rope, handcrafted glass belt buckles, artisan-made trade bead bracelets and USA crafted leather luggage.

➤➤ MORE AT [MOUNTAINKHAKIS.COM](http://MOUNTAINKHAKIS.COM)

## IT'S NOT TV, IT'S GATEWAY CANYONS AND HBO



KEVIN MARK IS REIGN MAN.  
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I've got a pocket full of quarters and I'm headed to the arcade. Do you remember that song, *Pacman Fever*? Obviously I do and, while quarters and arcade games have gone the way of the do-do bird, who cares how you get game credits as long as you can still play? Enter For The Win (FTW) from Lucky Strike Entertainment, which just dropped its reinvented arcade-style gastropub at the Denver Pavilions on the 16th Street Mall. The sleek joint is 15,000 square feet with over 100 arcade games, coupled with chef-driven cuisine, more than 32 beers on tap and the finest premium liquor and classic cocktails that we all know and love. FTW will be interconnected with Lucky Strike's existing venue, including the bowling alley, should you get the itch to knock down some pins while knocking down some beverages. Game on.

>> MORE AT [FORTHEWINENT.COM](http://FORTHEWINENT.COM)

The incomparable Gateway Canyons Resort & Spa in western Colorado is offering a special, action-packed **Westworld Package** for super-fans of the popular HBO show. The cult TV series, filmed in the wild west of Colorado and Utah, features several scenes shot just miles away from the award-winning property. Beginning May 1st through September 30, 2017, the **Westworld Package** includes in-room cigars and ingredients for DIY moonshine cocktails, horseback riding, a Colorado cookout experience and campfire Wild West tales presented by Zebulon Miracle at Palisade Ranch. Guests will also have their choice of one of the three Wild West resort activities: skeet shooting, archery or laser tag. We've saved perhaps the best for last, as the package also includes a Native Desert Sage massage for two at The Spa at Gateway Canyons.

>> MORE AT [GATEWAYCANYONS.COM](http://GATEWAYCANYONS.COM)



## SIR AND SPORT

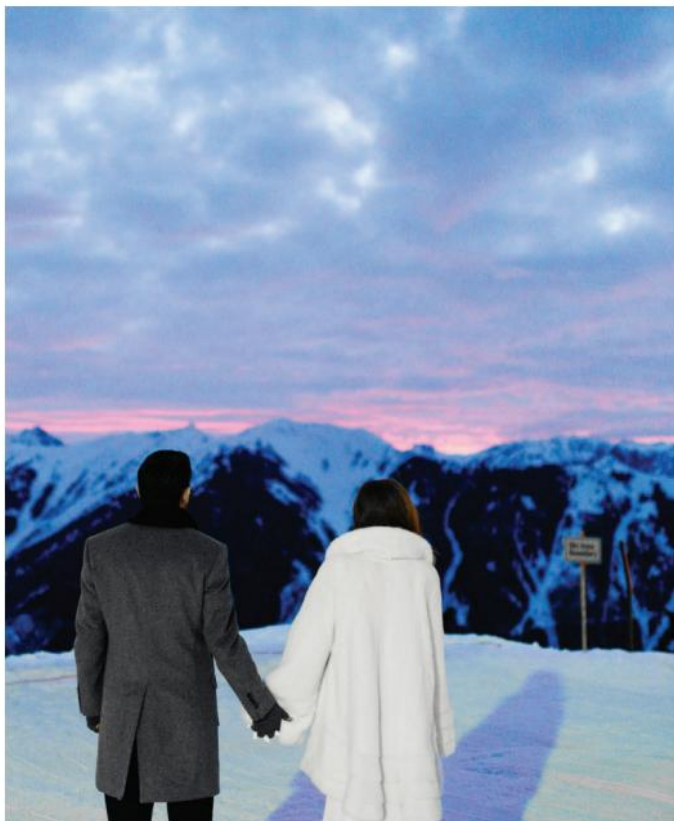
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# MAILE & MATTHEW

FEBRUARY 7<sup>th</sup>

Aspen, Colorado



BY **BETSY MARR** // PLANNING BY **VIRGINIA EDELSON** // PHOTOS BY **ADONYE JAJA**

W

hen Maile and Matthew first met, they were far from Colorado's snowcapped slopes. In fact, the couple's initial encounter took place on the sandy beaches of Miami over New Year's Eve. Introduced by mutual friends, the pair (who were both living in New York City at the time) began dating soon after. Fast-forward a year and an engagement ensued while Maile was working abroad in Rome for several weeks. Seeing it as the perfect opportunity for a romantic respite, the couple decided that Matt would fly to Italy for the weekend. While there, he fell to one knee and proposed to Maile on a balcony overlooking the entire city.



The next winter, a wedding took place atop the peaks of Aspen. Maile, who was raised in Boulder, had always dreamed of mountain nuptials. "There were three things I knew I wanted for my wedding - destination, winter and a white fur," the bride explains. Because the first ski trip Maile and Matthew had taken together was to Aspen (and because they were both smitten with the legendary Little Nell), they knew that the storied enclave was the perfect place to say "I do." Wanting an intimate affair for their closest friends and family, the couple chose the stunning Aspen Club, perched on the mountain at 11,212 feet, as their venue. A sophisticated, cozy and classic evening was enjoyed by 94 guests, as the bride stunned in a gown by Mark Zunino and the groom donned Paul Smith.

Prior, a picturesque winter ceremony took place at Aspen Chapel, where guests gathered amongst the chilly night sky to watch Maile and Matthew's vows inside the quaint stone church. "The ceremony was a very important element for me," Maile says. "We asked a family friend to marry us."

During the reception, sweet touches were found at every turn, from the hot cocoa bar to the couple's first dance - a choreographed tango to *Asi se Baila el Tango*.

Yet the thoughtful nuances did not stop there. Maile and Matthew's entire wedding weekend was planned as a special escape for the couple and their guests. "Since people were traveling I wanted to make it a weekend affair," the bride details. "Thursday saw us hosting welcome drinks, Friday was a wine and dessert bar and Sunday included a departure brunch. I even hosted a 'barre & bubbly' class for all my girlfriends at Pure Barre the day before the wedding. It was a fun and healthy way to get ready for the big day."

Afterward, the couple honeymooned in the dreamiest of destinations, spending an evening in Paris, five nights skiing in the Alps of Courchevel, France and five nights at the stunning Aman resort in Turks and Caicos before returning to Minnesota, where they now make their home. ▼





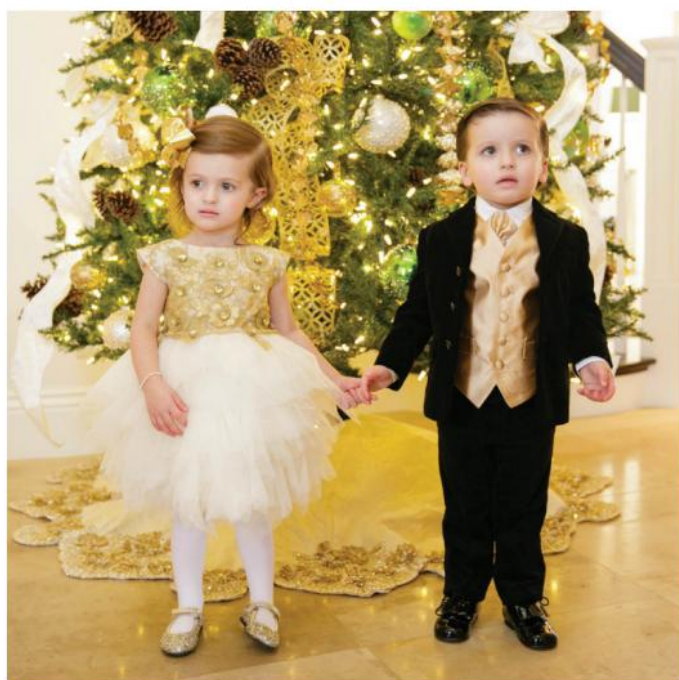
PHOTOGRAPHER, ADONYE JAJA // WEDDING PLANNER, VIRGINIA EDELSON OF BLUEBIRD PRODUCTIONS // FLORIST, CAROLYN'S FLOWERS RENTALS, PREMIER PARTY RENTALS // CEREMONY VENUE, ASPEN CHAPEL // RECEPTION VENUE, ASPEN MOUNTAIN CLUB AT THE LITTLE NELL CEREMONY MUSICIANS, ASPEN CHAPEL ORGANIST // RECEPTION MUSIC, DJ MAESTRO // INVITATIONS AND PRINTED MATERIALS, TINY PINE PRESS LINENS, LA TAVOLA // CATERER, THE LITTLE NELL // CAKE, D'ELISSIOUS // BRIDE'S GOWN, MARK ZUNINO, KLEINFELD'S // BRIDE'S SHOES, CHRISITAN LOUBOUTIN // GROOM'S ATTIRE, PAUL SMITH // HAIRSTYLIST, SALON TULLIO // MAKEUP ARTIST, SALON TULLIO // VIDEOGRAPHER, K HODGE



SEE MORE FROM MAILE & MATTHEW'S WEDDING AT [REIGNMAG.COM](http://REIGNMAG.COM)

## A HEARTFELT HOLIDAY

DECEMBER 4, 2016  
Cherry Hills Village, Colorado



BY **BETSY MARR** // PHOTOS BY **KATIE BRADSHAW**

Growing up, the holidays were a time filled with magic and wonderment for Elizabeth. "As a little girl, Christmas was the highlight of the year," she remarks. "From filling our home with beautifully decorated trees, to baking cookies for Santa, to wrapping presents with my mom, it has always been a very treasured tradition." Now, as mother to toddler twins Jack and Charlotte, Elizabeth wanted to recreate the experiences she holds so dear for her own children. With that, she set out to host a holiday party for the record books – one that her little ones would recall with the same fondness in which she holds her own Christmas memories. With party planner extraordinaire Jaala Sheldon at the helm, no detail was overlooked and no task too large to undertake – including Santa's arrival on a motorized train.



Elizabeth and husband Cory's sunny Cherry Hills abode was transformed into a holiday wonderland, where their twins served as mini host and hostesses. "For us, Christmas is about spending time with one another in a warm, inviting, cozy setting. It was important that we host the party in our home as opposed to an outside venue." To set the tone for the occasion, custom invitations designed to look like gingerbread houses were sent to each guest, with response cards to indicate one's wishes for Santa Claus. When guests arrived, they were greeted into a space brimming with DIY gingerbread house making kits at each adorably appointed place setting. What appeared to be chair covers at first sight were actually monogrammed aprons for the children to don and later enjoy as a take home favor. Pint size partygoers had a grand time with their delectable creations as they dined on a brunch menu concocted just for them, including pancakes with colorful sprinkles.

Afterwards, children were delighted to hear the sound of a train – a notion that was hinted at with wooden whistles and passenger tickets placed on the tables. When they headed outside, they were thrilled to see Santa, clad in his red suit as the conductor. Excited young guests were "all aboard" as they went for a ride with Father Christmas before heading back into the soirée where they each took turns sitting on Santa's lap.

"Santa's arrival on the train was the best part of the day. As a parent, it was so much fun to watch all of the kids run to the door when they heard the engine," Elizabeth notes. "Our twins' favorite moment was singing Christmas songs with Santa after the train ride. It was a great, fun way for them to interact with the jolly guest of honor."

All the while, parents, grandparents and friends enjoyed an adult-size version of the day's festivities at a beautifully designed table featuring decadent fare and stunning décor.

Details galore were implemented, including custom Christmas cookies and petit fours, intricate gingerbread houses, pine tree florals, a hot cocoa and coffee bar, and of course, perfectly wrapped gifts that captured the spirit of giving and of wishes come true for Charlotte, Jack and their sweet young guests. ❖







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SEE MORE FROM CHARLOTTE & JACK'S  
PARTY AT REIGNMAG.COM



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## A Charming CHALET



*Words by* BETSY MARR

*Design by* MELISSA GREENAUER

*Photos by* DAVID PATTERSON

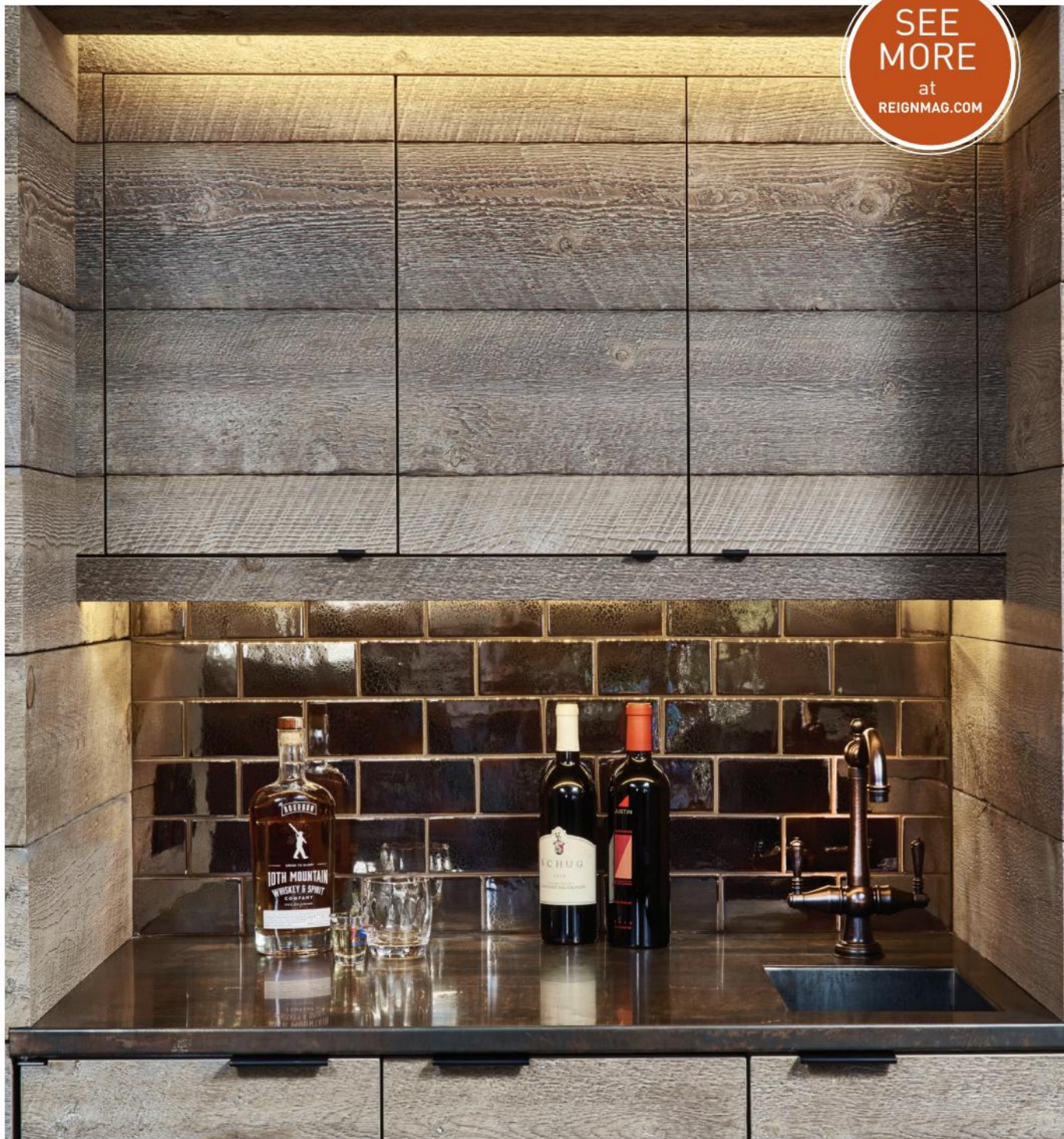
WITH ITS ROOTS DATING BACK MORE THAN 50 YEARS, Vail is a mountain town steeped in rich history. With it, however, comes oftentimes-dated architecture. Such was the case with one cozy condo. In need of a major design overhaul, Melissa Greenauer and her team set out to turn a once forgotten space into the perfectly modern mountain home brimming with color and character. "Because the home had extremely limited space, every square foot needed to be both beautiful and functional," Greenauer explains. With this mission in mind, she created a design plan that would be both contemporary and comfortable for the family's winter ski trips.

The charming chalet sees many a guest, from friends of the family to rental clientele. As such, fabrics and finishes needed to be durable yet reflective of the upscale area and aesthetic in which the home is ensconced. "It was important that the space feel inviting after a long day of skiing. It had to be stylish, but not at all delicate." To achieve this balance, the team built an open concept living area where the dining and great rooms flow seamlessly from one to the next. Reclaimed wood was used throughout to bring a warm appeal to the home, while modern finishes like subway tiles and streamlined cabinetry created a sleek juxtaposition.

In the bathrooms, Greenauer chose bold tiles in gray tones, giving the space a very distinctive persona. A mudroom to store ski clothes was also added, along with a built-in bench to change from boots to slippers. Throughout the otherwise neutral home, bright fabrics like a Nordic deer pattern and bold tribal print ooze a playful personality.

A children's bedroom is perhaps the most vibrant in the space, with tangerine walls, an upholstered headboard and coordinating bedding packing a delightful punch. Nearby, additional bedrooms were decorated with plush textiles and faux fur that complemented the rustic reclaimed wood. Chic reading lamps were mounted on either side of the beds, making for an ideal escape to unwind at the end of the day.

"We were able to design an elegant and comfortable space that was the perfect place for the family to relax after hitting the slopes," Greenauer says. "What the home lacks in square footage, it more than makes up for in form and function."



**Previous Pages:** A rustic but welcoming dining area and kitchen is the perfect place to gather with friends après ski. Fabric, Andrew Martin; Colorado-crafted custom bronze range hood.

**Above:** Reclaimed wood was mixed with metallic bronze subway tiles for a wet bar that is both organic and glamorous.



**Above:** A gray and white marble tile countertop is the perfect accent to arabesque print wallpaper by Phillip Jeffries.

## Domestic Bliss | A CHARMING CHALET



**Girls Room:** Bright and bold walls and textiles, including an upholstered headboard by Schwmacher, make for a playful escape.

**Family Room:** Antlers and reclaimed wood juxtaposed perfectly against a custom navy velvet sofa.

**Master Bedroom:** Raw wood, faux fur and industrial light fixtures give the master a timeless mountain town appeal.

**Shower:** Accent tile from Walker Zanger offers a modern twist in the warm, rustic space.

**Mudroom:** Barn wood built in shelving matches the wall paneling throughout to create a warm but uniform aesthetic.



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**Associate Fashion Editor** Chelsea Magness  
**Hairstylist** Maria McGregor, L Style Bar  
**Makeup Artist** Jessica Dowling, Vert Beauty  
**Associate Photographer** Joyce Keum  
**Photo Direction** Kevin Marr

*Shot on location at Hidden Valley Ranch*





#### PREVIOUS PAGE

On the lady: Burberry Zip-Front Quilted Puffer Jacket, \$1,395; Theory Callie Refined Merino Sweater, \$200; Current-Elliott The Ankle Velvet Pants, \$228. On the gentleman: Model's Own Sweater; AG Matchbox 20-Year Bungalow Jeans, \$245; Crown Cap Americana Rabbit Aviator, \$105



#### THIS PAGE

Vince Leather Shearling-Lined Coat, \$2,450; Robert Graham Odyssey Houndstooth Sweater, \$268; AG Matchbox 20-Year Bungalow Jeans, \$245; Persol P0649S Aviator Sunnies, \$240



#### THIS PAGE

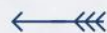
**On the lady:** Diane von Furstenberg Grayson Reversible Mouton Fur and Leather Coat, \$1,800; Diane von Furstenberg Leela Metallic Sweater, \$298; Theory Stretch Jacquard Legging, \$225; Prada Monochromatic Metal-Trim Geometric Cat-Eye Sunnies, \$355  
**On the gentleman:** Moncler Puffer Vest, \$575; Vince Textured Stripe Crewneck Sweater, \$355; Vince Slub Pullover Hoodie, \$135; 7 For All Mankind Luxe Performance: The Straight Jeans, \$198; Oliver Peoples Bernardo Polarized Sunglasses, \$365



**On the lady:** Burberry Finsbridge Check-Lined Quilted Coat, \$695; Rag & Bone Genna Ribbed Pullover, \$350; J Brand 811 Blanc Mid-Rise Skinny Jeans, \$172; Canada Goose Coyote-Fur Aviator Hat, \$250 **On the gentleman:** Canada Goose Chateau Parka with Fur Trimmed Hood, \$900; Vince Frayed-Edge Plaid Western Shirt, \$225; Peter Millar Raleigh Washed Twill Pant, \$125; Oliver Peoples Bernardo Polarized Sunglasses, \$365

*nderland*





**On the lady:** Ralph Lauren Collection Cashmere Patchwork Cardigan, \$2,990; Vince Cashmere Cutout-Back Blouson Sweater, \$325; Current-Elliot The Ankle Velvet Pants, \$228

**On the gentleman:** The North Face Nupste Colorblock Quilted Vest, \$149; Robert Graham Sputnik 3D-Check Sport Shirt, \$178; Peter Millar Raleigh Washed Twill Pant, \$125

On the lady: Ralph Lauren Collection  
Reversible Intarsia Vest, \$3,490; Vince  
Ribbed Raglan Sweater, \$320; J Brand 620  
Mid-Rise Super Skinny Stardust Jeans,  
\$248; Tom Ford Colette Metal-Frame  
Butterfly Sunnies, \$340 On the gentleman:  
Peter Millar Suede Safari Jacket, \$695;  
Burberry Fred Exploded Check Button-  
Down Shirt, \$295; 7 For All Mankind Luxe  
Sport: Slimmy Jeans, \$189; Crown Cap  
Suede Trapper hat, \$145





On the lady: Burberry Townhill Double-Breasted Flare-Sleeve Pea Coat, \$1,295; Rag & Bone Bry Wool-Blend Pullover Sweater, \$237; Rag & Bone/JEAN 10 Inch Skinny Jeans, \$195; Canada Goose Oversized Wool Pompom Beanie, \$75  
On the gentleman: Brunello Cucinelli Quilted Nylon and Leather Vest, \$2,995; Brunello Cucinelli Panama Check Sport Shirt, \$595; 7 For All Mankind The Straight Washed Jeans, \$198



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# Mountain Mavens

COLORADO'S MOUNTAINS ARE A WORLD-RENNED SKIERS PARADISE. BUT WHAT IF YOU DON'T HIT THE SLOPES? LUCKILY, OUR FAVORITE RESORTS OFFER ACTIVITIES TO KEEP YOU BUSY FOR DAYS. WHETHER YOU WANT A RELAXING DAY AT THE SPA, A ONE-OF-A-KIND MEAL, AN OUTDOOR ADVENTURE, OR A CULTURAL EXPERIENCE, THESE OPTIONS WON'T FAIL TO IMPRESS.

By Rebecca Treon



## dine

*Top Chef* alum and three time James Beard nominee Kelly Liken just launched a monthly culinary wellness series called “**Mind, Body and Appetite**” at her new restaurant, **Harvest**. The evening begins with 45 minutes of guided yoga and meditation, followed by a lecture on nutrition based on one of the essential elements and finished with an inspired meal prepared by the chef herself.

Make your mountain getaway a chance to hone your skills in the kitchen. **Food! by Marc** will come to your residence and teach you to make an amazing meal from scratch (you choose the menu) before you sit down and enjoy the fruits of your labor, down to the last delicious bite.

Enjoy signature events that happen every month, like February's **CarniVail**, a tribute to a New Orleans-style Mardi Gras party, including a crawfish boil at Eagle's Nest, Cajun-themed après and after-dark parties.

## indulge

For four generations, The **Sonnenalp** has brought elegant European accommodations to Vail, but their alpine-style spa is second to none. With heated indoor-outdoor tranquility pools, whirlpools, a steam room, a fitness center and a complete menu of treatments from massage to skin care, you'll leave the Sonnenalp feeling like a million bucks.

**Vail's Vitality Center** encompasses everything you need for wellness in one place. Classes like barre, pilates and cycling; medical consultations and physiological metabolic testing, a full spa and Vail's only indoor climbing wall make the Vitality Center a great place to spend a few hours taking care of you.

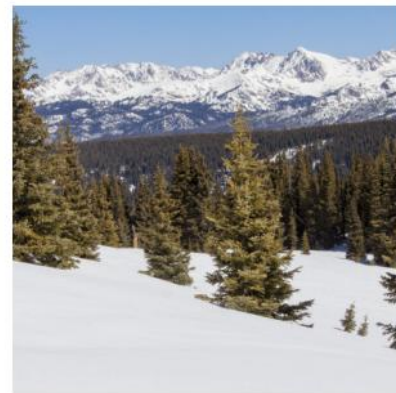
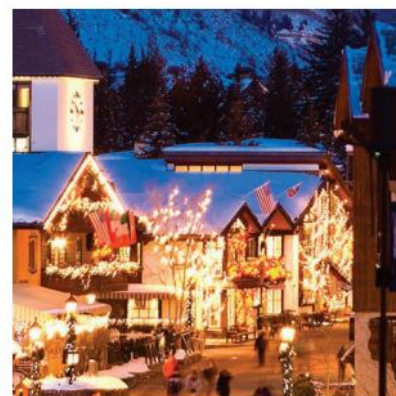
## explore

**Mountain Musher Dog Sledding** takes you through breathtaking glades of Aspen and Pine trees on the back of a sled led by a team of dogs on a private trail through the Lazy J Ranch, where you'll see wildlife like fox, coyote, deer and elk.

The **Vail Ski & Snowboard Museum** isn't just for ski aficionados, but pays homage to the mountain sport in all its forms, holding interest for skiers and non-skiers alike. With six themed galleries, you'll see artifacts, documentaries and displays that engage viewers on themes like the Winter Olympics, skiing, snowboarding, Vail history and the 10th Mountain Division as they trained for WWII.

For an outdoor adventure, go winter fly-fishing with **Gore Creek Fly Fisherman**. Expert guides will take you wade or float fishing at mid-day, from the area's most prominent fishing shop.

Each Wednesday at 3:30, join an hour-long walking tour through **Vail Village**, where you'll learn about the history of the town and explore over 40 works of painting, sculpture, murals and more.





## shop & snack

Do we even need to mention the shopping in Aspen? Treat yourself at haute couture boutiques like **Fendi**, **Gucci**, **Prada**, **Louis Vuitton**, **Ralph Lauren** and **Christian Dior**, or peruse some of the ski town's favorite local shops. Our favorites are **Distractions** (women's clothing), **Bloomingbird's** (high-end shoes), **Meridian Jewelers** (designer jewels) and **Kemo Sabe** (western wear).

Aspen is home to world-renowned culinary adventures for any palate. This season, in honor of the **Audi FIS Ski World Cup Finals**, the **Limelight Lounge** is offering international-themed beer dinners featuring a three-course meal paired with suds from local breweries. The hotel bar will also host guest bartenders throughout the season, adding their special flair to popular cocktails. "**Gourmet Girl On The Go**" Megan Rainnie, hosts a 2-3 hour walking tour exploring Aspen's best foodie delights, as well as cooking classes. And of course, the town is full of renowned eateries and bars, from **Matsuhisa** to **Jimmy's**.

## history

The 30,000 square-foot **Aspen Art Museum**, designed by award-winning architect Shigeru Ban, focuses on contemporary art and offers a reception and gallery tour every Thursday. Current exhibitions include the works of Julian Schnabel, Mexican artist Gabriel Orozco and Japanese pop artist Takashi Murakami.

Built in 1889, the **Wheeler Opera House** has long been a center of culture, offering a lineup of lectures, concerts, festivals, films and other events. Coming soon: the irreverent comedienne Margaret Cho and country music star Clint Black.

## adventure

**Krabloonik** may be tongue twisting, but it's the ultimate in dog sledding adventure. Nestled in a romantic cabin in the backcountry, with views of Mt. Daly and Capitol Peak, diners will ride a hand-carved sled pulled by six mushing dogs to their destination, where they'll enjoy a delectable meal, Colorado-style. Relax in the gas lit cabin by the fire and enjoy their specialties: game meats like boar and caribou with alpine touches like lingonberry jam.

**Snow bikes** are a unique way to explore the town (and beyond). Rent yours from local shops Stapleton or Ute City Cycles. You can even take a challenging ride up Maroon Bells or Smuggler's.

Take in the majesty of the country's most photographed peak, Maroon Bells, from atop a snowmobile with a **T-Lazy 7 Snowmobile Tour**. You'll sip hot cocoa and enjoy the view after an expertly guided ride through miles of groomed trails in the scenic White River National Forest.

A day spent at the **Aspen Recreation Center** is the perfect break from the downtown scene. With a climbing wall, a sledding hill, a skating rink, an outdoor skating pond for twilight skating and a huge pool that includes a lazy river and a water slide, there's plenty of action for everyone in the family.



## taste

Enjoy a beer at the **Last Dollar Saloon**, known to locals as **The Buck**, where you'll find Telluride's largest selection of brews. They have over 60 beers, from local craft beers to imports.

## indulge

**The Peaks Spa**, located slopeside in Telluride's Mountain Village, offers a wellness retreat like no other. Soak in a Roman tub, enjoy the sauna or the Eucalyptus-infused steam room or take a swim in the indoor-outdoor pool. They even offer yoga and feature an oxygen bar for the altitude challenged.

## explore

No trip to Telluride—skier or not—would be complete without a ride up the gondola. Stop at the top and sip a winter warmer at **Alfred's**. We like the Smith & Wesson, a sort of a western-style Manhattan made with rye, Bordeaux cherry and walnut bitters.

Take a hike. Literally. Walk the three blocks to **Town Park**, then beyond to the area's walking trails. Seasoned hikers will want to trek past **Box Canyon** to **Bridal Veil Falls**, Colorado's largest freefalling waterfall at 365 feet. In the winter, it freezes over and is frequented by extreme ice climbers.

Sledding is a great way to go downhill without something strapped to your feet. BYOS or rent one from the **Nordic Center**, then hit the hill at **Firecracker Hill**.

Ice Skating is one of winter's quintessential activities and Telluride is the perfect place to do it, whether you're lacing up at the professional grade rink at Town Park or the new rink in Mountain Village at the **Hotel Madeline**.

A horseback ride through the wide-open spaces of the San Juans is an unforgettable experience. Roudy at **Telluride Horseback Adventures** will guide you. Pro tip: They offer horse drawn sleigh rides, pulled by Belgian draft horses Clyde and Frank for those who want to have dinner under a canopy of stars.

The historic **Sheridan Opera House** is like stepping back in time. Built in 1913, it has hosted acts like the famous Lillian Gish and Sarah Bernhardt, who used a connecting passageway to return to their rooms at the lavish **New Sheridan Hotel**.

Situated in Telluride's historic train depot, the **Ah Haa School for the Arts** offers classes in ceramics, painting, photography, writing, cooking, wellness and bookbinding.

If you want to learn about Telluride's colorful past from the Nuchu/ Ute Native Peoples of the San Juans, to the mining boom and its inception as a ski resort, head to **Telluride Historical Museum**, where you can enjoy lectures from special guests like Ken Burns.

Spend an afternoon wandering the aisles at **Between The Covers**, Telluride's independent bookstore since 1974. Grab a novel and hang at the store's coffee shop, **High Mountain Alpine Café**.

The historic **Nugget Theater** is the perfect place in the non-Telluride Film Festival season to catch a movie. The theater shows current box-office films and a festival-style film year-round. Bonus: Luci's popcorn, topped with real butter.





# Steamboat Springs

## adventures & eats

Jump start your day with a true Rocky Mountain high by soaring over the Yampa Valley in a hot air balloon. You'll get a bird's-eye view of Steamboat on one of **Wild West Hot Air Balloon Adventures'** morning rides, which includes bubbly upon landing.

Steamboat by snowshoe is a unique way to explore the backcountry on foot — granting access to areas that aren't even accessible to the resort's skiers. Opt for a guided tour like the **Gourmet Lunch** or **Moonlight Snowshoe** tours, where after a hike full of interesting details from your guide, you'll take a gondola to lunch at Hazie's, an award-winning eatery with views of the Yampa Valley.

See Colorado's wilderness the old-fashioned way: on horseback. On a two-hour ride, you'll explore **Saddleback Ranch**, just 17 miles from town. After the ride, warm up with hot cocoa and cookies. Other options? Tubing at **Yee-Haw Hill** followed by a horse-drawn sleigh ride to the **Double Dollar Lodge**, where a steak dinner awaits.

Looking for another moonlit adventure? Scale the mountain in a Snowcat to a five-course dinner at **Four Points**, where the menu is inspired by the flavors of Northern Italy. Other top options in town? **LOW Kitchen**, Steamboat's southern surprise, where diners will find their favorite down home meals. Tip: Look for LOW to come to Denver's LoHi neighborhood sometime in 2017. **Table 79**, Steamboat's newest addition, is your go-to for upscale and craft cocktails. Lunch at the base of the mountain only means one thing: T-Bar. You can ski in, but you can also drive and **T-Bar** is what locals call their favorite "five-star dive bar." Breakfast? Lunch? Après? No matter, **The Paramount** has something you'll love on its straight-forward menu. Grab a Bloody Mary and opt for Chicken and Waffles or a Cubano sandwich. A night on the town in Steamboat means south-of-the-border flavors at **Salt & Lime**, where the tacos and tequila will warm you from the inside out. Bonus: Ride the Steamboat gondola to the top of the mountain for **Sunset Happy Hour** where you can toast the end of a great day at almost 10,000 feet.

## de-stress

We'd be remiss if we didn't mention the obvious: One of Steamboat Springs' biggest draws is, well, the hot springs. In fact, the town's name was coined by French trappers who thought the bubbling sound of the springs sounded like a chugging steamboat. **Old Town Hot Springs** is a full recreation center, offering massage alongside its eight thermal pools. The pools have been in use for over a century, first as medicine pools for healing by the area's Ute tribes. Another Steamboat gem is **Strawberry Park Hot Springs**. Relax and listen to flowing water with the serene backdrop of the wilderness. Admission to the park is cash only and while the springs are family-friendly during the day, after-dark they become clothing optional.



# Breckenridge

## experience

The best way to experience Breckenridge may be on foot. **Breckenridge Heritage Alliance** offers a range of walking tours for every interest. Our favorite? **The Swinging Doors Saloon Tour** through the 18 saloons (and the characters that frequented them) operating during the 1880s, topped off with samples from **Breckenridge Distillery**. We also love the **English Tea Tour** and those that explore Breckenridge's ghostly side: take your pick from several paranormal-slanted tours.

Mush your own team of huskies and imagine yourself in the Iditarod with a guided sled-dog adventure from **Good Times Adventures**. **Snowmobile Colorado** also offers some of the state's best snowmobiling. Guided tours run for three hours and provide spectacular views of Swan River Valley, Georgia Pass and White River National Forest.

Unlock clues and solve riddles to find out whodunit at the **Escape Room**. You and your group are locked in a room, where a themed mystery awaits – can you crack the code in a race against the clock?

The **Mountain Top Children's Museum** is the perfect place for junior to explore. Kids can create art, dress in costume, explore local 'wildlife' and even work in a medical center.

Breckenridge is home to **Barney Ford House Museum**, where an escaped slave settled and became a prominent local businessman and civil rights leader. The 1882 home, built for Ford, his wife, Julia and their three children, remains with period furniture and exhibits about Ford's life and times.

Breckenridge has a thriving arts community. Check out **Breckcreate.org** for unique offerings of all kinds, from yoga and "glow in the dark" fitness to jewelry making, dancing and drawing and writing workshops.

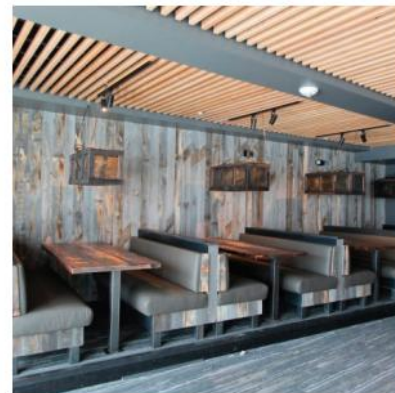
## relax

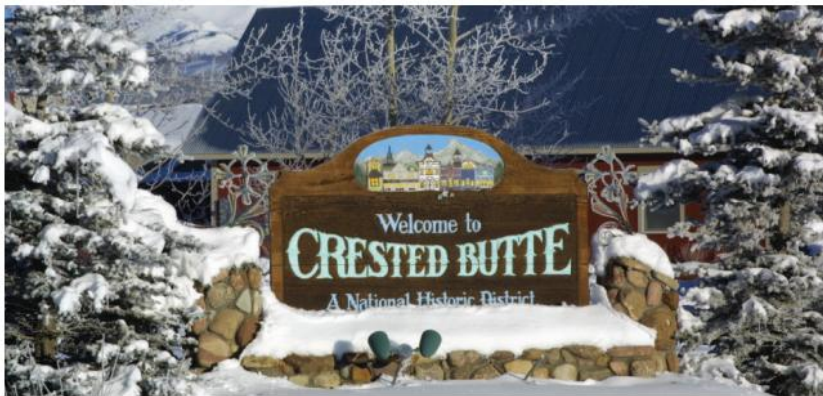
While the family is on the slopes, treat yourself to a rejuvenating day at **The Spa at Breckenridge**, where you can nourish both body and soul. A sanctuary with a mountain-inspired theme, we love a deep tissue massage accompanied by hot stones, leaving us relaxed and ready to face the world.

## dine

High atop Peak 9, you can enjoy a sumptuous dinner at **Tenmile Station**. You'll be delivered there by Snowcat, riding under the stars. Our pick? Hitch a ride on the 5:30 sleigh and enjoy happy hour as the sun sets behind this mining-themed restaurant.

Take advantage of the happy hour offerings of Breckenridge's more than 75 restaurants and bars. From \$2 brews to specialty cocktails, there are plenty of places to get your drink on in a DIY pub crawl. We like **The Canteen** or the newly opened **Robbie's Tavern** at the base of Peak 8.





## eats & drinks

Crested Butte may very well be a hidden gourmet destination – whether you're looking for pizza (**Secret Stash**), sushi (**Lil's**), Mediterranean (**Pitas in Paradise**), Nepali/Indian (**Sherpa's**), Mexican (**Donita's**), homemade Ice Cream (**Third Bowl**), a bomb breakfast (**Izzy's**), Asian (**Ginger Café**), smoothies (**A Daily Dose**), an organic café (**the Guild Cafe**), quick lunches (**Sunflower Deli**), or steak and game dinners (**Elk Ave. Prime**), Crested Butte has it all (seriously). Don't miss the **Wooden Nickel**, one of CB's oldest and most iconic original ski-town bars and the new and modern icon in town, **Montanya Distillers**.

## wellness

Looking for a place to relax and spend a spa day? Right on the mountain, Crested Butte offers two luxurious options to get away from it all. **The Wildflower Spa**, located inside the Grand Lodge Hotel and the **Elevation Spa**, inside the Elevation Hotel, both offer state of the art facilities designed to melt your stress away. Wildflower offers use of the outdoor pool, sauna and hot tub, while Elevation has a complete fitness center, pool, hot tub, steam room and sauna.

A great way to start the new year is with a **wellness retreat** and the scenic mountains of Crested Butte are just the place to go. You'll spend a weekend in luxurious surrounds eating healthy meals and juices, accompanied by yoga and meditation, spa treatments, nutrition and wellness workshops, painting classes, hiking, biking, cross-country skiing, snowshoeing and getting back on track for the new year. It's the perfect way to recover from everyday stresses and big life changes alike.

## adventure

**Horseback** is a unique way to explore the still and quiet of Crested Butte, taking in all the scenery and looking for wildlife. Back at the lodge, you'll have a fire and hot chocolate. Other ways to get outdoors are snowshoeing, snowmobiling, cross-country or tele-skiing, fat biking, and...only in Crested Butte, uphill skiing (AKA skinning).

We've all seen Snowcats grooming the trails – but how many of us have actually gotten behind the wheel? The **Snowcat Driving Experience** will give you a hands-on lesson on driving a Prinoth 275 Snowcat, taught by one of the mountain's groomers (who will pitch in plenty of insider tips) as you practice your new grooming skills on the mountain's closed course.

Cross country ski or snowshoe in the twilight to a backcountry yurt with the **Nordic Mountain Meadows Yurt Dinner Experience**. You'll trek to a warm, firelit, five-course dinner (including cocktails from local **Montanya Distillery** and **Elevation Beer Company**) before burning dinner off back on the trail.

**Ziplines** aren't just for summer – in Crested Butte, you can leap off platforms and soar through the air any time of year. The two hour long adventure will have you flying through the air, adrenaline pumping, for a view of the area like you've never seen it before.



# best year ever 2017

By Rebecca Treon

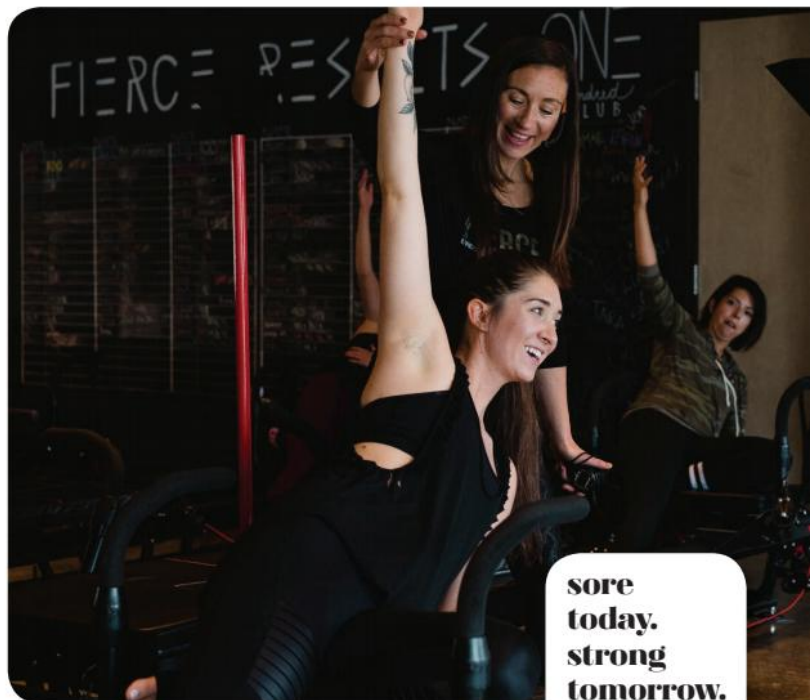
*With each new year, resolution makers promise to break bad habits and reinvent themselves. Whether it's starting a new fitness routine or taking that dream trip, we hurtle into the year with the best intentions. And, for a few weeks, the resolve sticks – before it crumbles and we go back to our old ways. But what if instead of meeting 2017 with plans for a whole-life overhaul, we let ourselves tackle just one self-improvement project at a time? By conquering one small challenge monthly, we give ourselves the gift of being patient with change, making new habits stick and, best of all, treating ourselves to our best lives ever.*

# health & fitness

Health is one of the cornerstones of a good life and whether your objective is to try a new sport, run that race, lose 20 pounds or simply exercise more regularly to be in better overall health, having a fitness goal might be the best way to start a new year. Working with a personal trainer is a great way to start; they can advise you on both dietary changes and exercise, encourage you along the ups and downs of your new routine and even suggest diagnostic tests to evaluate your overall health.

We asked **Karen Richards**, Lead Trainer at the **Denver Athletic Club** for her tips. Richards suggests that those just starting out at the gym write down simple goals on post-it notes and post them in locations like the house or the car, using words that motivate you. Getting support from family or friends who will check in with you daily or weekly until your resolution becomes a habit is also helpful. One of Denver's classic clubs, the Denver Athletic Club virtually becomes a member's home away from home. The club offers everything from yoga and pilates to swimming, basketball, racquetball and even bowling. "There are fitness opportunities for the whole family and social aspects and special events are so uniquely intertwined that it helps create a balanced and healthy lifestyle," says Richards. Her other key recommendation is for people with a weight loss goal to focus on their nutrition. Swap out unhealthy foods you love for their healthier versions – try spaghetti squash or chickpea pasta in place of regular noodles. Change sugar-laden soda to seltzer with a slice of lemon and add variety to both your workout and your diet. If you hit a setback, says Richards, just keep going after it and try again. "If your goal feels out of reach, just ask for help!" she says.

*Reign* also sat down with **Torrey Newman** at **Fierce45**, a studio offering what Newman describes as 'Pilates on Steroids.' A full body, high-intensity, no impact workout that's just 45 minutes long, Fierce45 creates long and lean muscle and burns fat for 48 hours post-workout. Newman says, "Our students also find our classes cultivate mental focus and fortitude. A huge part of our classes is moving super slowly and with intention. They are so physically challenging that thoughts have to stay positive, otherwise you'll give up. We believe that the more you can train your brain to stay positive in a Fierce45 class the easier it will be to stay positive in life outside of the studio." Newman also reminds those trying to get into shape to not worry about size or weight numbers or comparing yourself to others. Rather, just move – it will always make you feel better and will keep you coming back. Cultivating a workout community will help you to stick with your goals: people that you like and lift you up. "Once you have the community part of it then you want to go back not just for the workout but because you want to see your friends!" she says.



sore  
today.  
strong  
tomorrow.

## style

Alongside feeling great is looking great. Part of that means learning the essentials of style, so we talked to **Lin Patten**, a stylist at Denver's own retail haven, **Garbarini**. One annual (or bi-annual) project is the closet clean-out. Patten says "I stand by the idea that if you haven't worn it in the last two years it needs to go. Exceptions include those special occasion pieces and maybe those that have sentimental value. The only other exception is that if you love the piece and don't know how to wear it, a good stylist can help." Any items you discard can be sorted into three categories – resale, donate and toss. If something is less than five years old and in good shape, says Patten, it may be a good candidate for a reputable consignment shop. Many such shops have donation projects for items that don't sell (which is perfect for older items), but for items that are torn, tattered, or discolored, they should be tossed. When building a wardrobe, it's essential that you evaluate your lifestyle and focus on quality over quantity. "My clients would much rather have 10 amazing pieces that they can wear every day than 20 things that they never wear or that fall apart quickly." When you're shooting for a complete closet overhaul, working with a stylist will not only get you the look you're going for, but will save you money in the end. Garbarini has stylists that can have a rack of clothes – from denim to gowns – ready for you when you come in to shop. Hint: Patten recommends a great fitting jacket that can go with either jeans or a dress and the perfect LBD that can go from day to night with a change of accessories.

But augmenting your clothing collection doesn't have to break the bank – *Reign* spoke to the doyennes of resale in Denver – **Margaret Miner** of **Rags Consignments** and **Virginia Reiman** of **Styletribe** – who shared their secrets on getting the most out of consigning. Miner says, "Given a little time and patience, almost everything you need for a put-together look will turn up in your favorite



GOOD FOOD.  
GOOD MOOD.



**The only BS  
you need is  
bags & shoes.**

consignment store.” While Reiman suggests familiarizing yourself with your favorite store and its staff, she says most stores will let you know when they get items that are on your wish list – that coveted designer handbag, for example. Another tip is to find out which days they put out new merchandise so you can have the first pick. The rules for being a savvy consigner are simple if you’re informed. Know the designers the store features to be sure your items are a good fit and know the process. Reiman says, “Resale stores operate differently than consignment stores. They buy merchandise outright, therefore, the store buyer might not purchase all items brought in as they buy based on current inventory. Consignment stores, on the other hand, pay you after the items sell.” Miner says it’s important that the store is organized and clean, with their systems firmly in place and clearly stated. “If the store is vague about the process, messy or disinterested, go somewhere else,” she espouses. Reiman says that when you’re purging your closet, it’s better to stick to the 80/20 rule – have fewer items that fit you and your lifestyle as opposed to a closet full of ‘maybe I’ll wear it again’ items. She suggests having a friend, sister, stylist or resale buyer (Styletribe does in-home buys) help purge unwanted items – wine and favorite playlist optional! You’ll then be able to schedule a time to sell your duds to your favorite resale or consignment shop. You can be proud of yourself for cleaning out your closet and walk away with cash to buy new things. Miner’s tips for consignment or resale shopping are to go into the store with an open mind about what you might find, to give yourself time and be patient. “You may not know you need it, but you need it!” she says. Start with a couple of pairs of nice jeans, basic boots in black and brown and a few leather handbags – and don’t forget the cashmere.

Building a jewelry collection is a great goal to have, too. Not only can you accessorize your daily look with beautiful pieces, but many items will become treasured heirlooms. We asked **Melissa Oster of Oster Jewelers** for her advice on how to build and maintain the ideal jewelry collection. Every woman’s must have list starts with a fabulous pair of earrings to illuminate the face. “I like to think of a woman’s face as the star of the show, the focal point – like a work of art – and the area around the face as a frame. The earrings are the detail that accentuates and complements each woman’s natural beauty,” she notes. Oster says classic diamond dangles or diamond hoops are a great start because they can go with anything from a tee shirt and jeans to an evening dress. Another item to start with is a great right-hand ring. It’s an expression of individual style, adds a touch of glamour and can be sexy and fun. From there, a necklace

that offers day to night versatility, like a longer chain with diamonds interspersed. Storing jewelry is also key – avoid tossing your jewelry into a pocket in your handbag, which makes it vulnerable to bending and breakage. Oster says, “I recommend keeping a couple of pouches in one’s handbag should jewelry need to be removed for a manicure or work-out. Be careful to keep it separated from other jewelry to minimize scratching and damage.” Avoid using hairspray around jewelry and have it checked by a professional every so often. “Some people believe that precious metal is indestructible but gold and platinum wears down just as parts in a car engine do,” she explains. Your jeweler can evaluate whether there are any loose prongs in the setting that need repair and they can also give the piece a cleaning. Oster adds that heirloom pieces should be checked before they are worn to see how well they are made. These pieces can add a fun dimension to your jewelry wardrobe and are best worn mixed with modern jewelry. Oster says that sometimes heirloom pieces are best re-worked into contemporary pieces to give it new life. “At Oster Jewelers we see many clients and enjoy assisting with re-purposing older jewelry and helping incorporate old pieces into newer creations,” she says. For this, having a jeweler’s expert eye and the advice of a talented designer to offer suggestions on how to transform a neglected item into a cherished focal point in a collection is essential.

## beauty

Spring is the perfect time to revamp your beauty and skincare regime, something that is important to do throughout the year. **Amanda Hume of Vert Beauty** says, “Your skin is the largest organ of your body and you should only put nurturing products on it. Ingredients travel directly into the bloodstream and are quickly transported to a variety of vulnerable organs.” Vert emphasizes the importance of using quality natural products on the skin for that reason and they only carry luxurious, effective plant-based and non-toxic skincare. Hume will walk clients through the perfect regimen for their lifestyle and recommends splurging on your facial serum, a great exfoliator, moisturizer and eye cream. She also reminds people that SPF doesn’t replace your moisturizer and that the eye area is too delicate for regular moisturizers or serums, so it’s important to have a cream made just for eyes. At **Live, Love, Lash**, owner **Amy Dickerson** suggests jump-starting a new beauty routine by refreshing what you have – tossing anything that’s expired (mascara should be replaced every 3-4 months) or no longer suits you. Your skin tone and dryness can change with age and the seasons. Dickerson suggests that when you’re looking to do a total overhaul, make a plan and do your research – from microblading to a lash tint, lash extensions or a brow lift. Live,

**STAY  
FOCUSED  
AND  
EXTRA  
SPARKLY**



Love, Lash is most known for its brow and lash services, keeping up with the latest trends and providing personalized treatments to give clients top-notch treatments. But even a simple service can make a big difference. “One of my favorites is the deluxe brow shaping. It’s a brow shaping and tint. Our brows change so much over time, get thinner and lighter. It’s amazing what a correctly shaped and colored brow can do to frame the face,” says Dickerson. At **L Style Bar**, **Liz Gonzalez** suggests starting your new beauty routine with a consultation. “Communication is huge in our industry. As an artist, I love when my client brings pictures and tells me what particular look or style they love. I also think it’s important to know what looks and colors my client absolutely dislikes,” she says. In Colorado, the musts are a good exfoliator, a rich hydrating cream, a good sunscreen, a mineral based foundation (in a color that matches your skin tone), a soft blush, a neutral lipstick and mascara. L Style Bar specializes in professional makeup application and dry hair styling like blowouts, braids, curls and updos. You can get a group together for a makeup lesson for a birthday or have a private hair and makeup consultation. Gonzalez advises experimenting. “Have fun creating different looks for yourself that can be used for day and night. It will help you gain extra confidence and feel at the top of your game!”

Haircare is also key for a good look and **Shelly Rewinkle** of **Grand Salon** offered *Reign* some great suggestions for your crowning glory. For someone wanting a quick update, Rewinkle recommends a shiny glaze over the top of any color. “Imagine a tired blonde or a dull brunette with a sheer glaze of toffee over the top. There are endless possibilities and you can change it monthly,” she says. If you’re trying color for the first time, try a semi-permanent hair glossing or add baby lights – or both. Glossing keeps close to your natural hair color while giving you a fresh new look and the baby lights are low maintenance and subtle. Basic hair care in Colorado’s dry climate is key, but pretty simple, says Rewinkle. “Deep condition once a week (without fail) and add a daily moisturizer to your hair before styling. We have no moisture in our air, so if you are not adding a daily protectant and deep conditioning your hair will begin to dull, break and look old. When our hair looks old so do we.”

## spa & wellness

Spa visits aren’t just a way to disconnect and relax, for many they are a part of regular maintenance. At classic Denver spas like the **Woodhouse Day Spa**, guests can enjoy spa treatment packages like the The Woodhouse Escape, The Pure HydraFacial and The Woodhouse Signature Hand and Foot Retreat. **Christina Critchell**, the Woodhouse’s Director of Operations, also suggests a monthly facial and massage treatment for overall wellness. The warm welcome one gets at the Woodhouse, along with a feel of rest and relaxation, leaves a lasting memory – and is what makes the Woodhouse one of Denver’s top destinations. Likewise, **Denver’s Ritz-Carlton Spa** offers getaways both short and long. People who work downtown can take advantage of express services over their lunch breaks and get a 25-minute manicure and tack on an additional 15 minutes for gel polish, which will keep nails looking top notch for up to two weeks and requires no dry time so you can get right back to



**“The most beautiful makeup for a woman is passion. But cosmetics are easier to buy.”**

**YSL**

your office. A ladies wash and blowout will get you ready for a weekend look, a date, an event or work presentation and just takes 45 minutes. Men’s haircuts take just a half hour and a beard trim takes just 15 minutes. Also for the gents (and anyone into Colorado’s brewing culture) they’ve created a Microbrew Ex “BEER”ience, using craft beer from the nearby Great Divide Brewing Co. The treatment includes a beer tasting, full body exfoliation with ground hops, a warm wrap, scalp massage and full body hydration – all using beer and a Vichy shower (the only one in Denver). “It’s the perfect head-to-toe treatment for anyone wanting to try something unique to our destination,” says **Stacy Gill, Spa Manager**. The ultimate day at the Ritz Spa can include adding a lunch from Elway’s steakhouse or a workout at the state-of-the-art fitness center and visit to the steam room and whirlpool before having your treatments.

**Cord Coen**, founder of the **Zents** collection of luxury bodycare products, gave us his advice on how to get the most out of your spa experience. “Be ready to relax and let go. Funny as that sounds, it’s hard for people and oftentimes they are at the spa and they didn’t unplug their brain and can’t relax,” he says. His Zents Quench treatments are all ultra-hydrating to combat the effects of the dry Colorado climate. Zents uses 98% organic ingredients, flower essences designed to create happiness, harmony and calm, all grown on a biodynamic farm. What’s more, the company is committed to giving back. “From the hand carved stone boxes that help families in India, to sourcing our organic Shea from companies that buy from women’s co-ops in Africa, we vote with our dollars and try to help others with our choices,” says Coen. You can find



**Invest in your hair, it’s the crown you never take off**



**"A woman  
should wear  
perfume  
wherever  
she wants  
to be kissed."**

**Coco Chanel**

Zents products in use at some of the state's top spas. Among Coen's favorites? **The Broadmoor** in Colorado Springs, the **Four Seasons Vail**, the **Ritz-Carlton**, **Bachelor Gulch** and the **Spa of the Rockies** in Glenwood Springs.

## a nip and a tuck

To go beyond the basics, check out the services offered by a medi-spa. *Reign* asked **Dr. Tahl Humes** of **Vitahl Medical Aesthetics** for her two cents. Now, treatments are available that offer outstanding results with minimal downtime – so you'll see the changes you want in your skin without having to hide out for a week. Two great options are Laser Genesis and PICO Genesis, basically laser facials that improve the condition of the skin, including fine lines and sun spots. Also popular are IPL, microneedling and sublimative treatments – essentially targeted treatments for problem areas. Body contouring is also an effective non-surgical alternative to liposuction. Vitahl offers options like CoolSculpting and truSculpt. Injectables like Botox and fillers are also important and Humes recommends combining these types of treatments for best results. One caveat: Humes advises anyone getting these services to work with a reputable clinic whose staff is physician-trained, like Vitahl. Because Colorado's regulations for injectables are rather lax, there are many non-medical people injecting Botox and fillers, which can be problematic if issues arise – you need to have a medical background to understand what to do if there are any side effects. Vitahl's clinicians are physician trained and the clinic maintains high standards for technology and trends, attending and teaching courses around the world.

Dentistry is also a big part of self-care and maintaining a fresh look and yet for so many of us it's the thing we tend to avoid the most. "Today's dentist is very aware of people that have anxiety issues and there are many things that we can do to assist people that are putting off treatment because of fear. Open communication with your dentist can go a long way to help. Putting off dental care because of fear can lead to much bigger problems down the road," says **Dr. Gary Radz** of **Cosmetic Dentistry of Colorado**, who gave us his tips for a winning smile. Start by having a conversation with your dentist to let them know what issues you have and would like addressed so you can develop a plan, advises Radz. There are a number of things that detract from a beautiful smile, like chips, rotations, color issues and spacing – all of which can be addressed by a dentist. The simplest way to brighten your smile, though, is to do a whitening treatment. "The over the counter options have the ability to help a little bit. But a dentist can provide better results because they are able to use higher concentrations of bleaching material as well as delivery options that are more effective," says Radz. He also recommends regular professional cleaning.

For those looking for more significant change, cosmetic surgery is something to consider. We consulted with **Dr. Nicolette Picerno** of **Faces First** for her advice on keeping a youthful appearance. Her number-one rule is preventive: wearing sunblock and a wide brimmed hat – sun damage is the top sign of aging skin. "If you don't want surgery, periodic laser treatments to even out your skin tone, color and texture will go a long way to looking younger," says Picerno. She also suggests small treatments along the way, like Retin-A, microblading or microneedling, Botox and other non-surgical options like laser treatments or bellafill. She also stresses having a good rapport with your surgeon, making sure the surgeon understands what you want and why you want to have the procedure. Also, find a surgeon that's experienced in the procedure you want, and be sure to see your surgeon in person post-op. "For example, in my case, I am an expert in procedures from the neck up. I spend all of my time creating beautiful faces and helping patients look (and feel) younger with regards to their face and neck. I do not spend any time at all on liposuction, tummy tucks or breast implants," she says. "At Faces First, I strive to make everyone look as good on the outside as they feel on the inside while maintaining their natural beauty and appearance. Patients can be assured we will have the tools needed to help them look their best, no matter the budget or the desires."



**"IF YOU  
INVEST IN  
BEAUTY, IT  
WILL REMAIN  
WITH YOU  
ALL THE DAYS  
OF YOUR LIFE."**

**FRANK LLOYD  
WRIGHT**

# love where you live

Your happiest life will be spent in a home you love and the importance of your surroundings can't be stressed enough – it affects everything. Ready to finally find your dream home? We asked Denver's real estate and design experts for their tips. **Rick Janson** and **Jill Hodges** are behind **Denver Lifestyle Real Estate**. Janson recommends working with an agent and avoiding websites like Zillow or Trulia, whose data is often outdated, wasting your time. Instead, opt for sites like [realtor.com](http://realtor.com) or [denverlifestyle.com](http://denverlifestyle.com) that maintain more accurate databases. "Don't house hunt without talking to a lender to determine an accurate price range," he says. "It's too easy to shop above what you can afford. As a result, you'll likely wind up either frustrated you cannot buy your dream house or you'll be so house poor that you have no money left over to enjoy dinners out, vacations and the lifestyle you desire and deserve." Lenders should also be available to you beyond 9-5 hours – when offers are being made. Alternatively, have them submit pre-qualification letters to your agent. Your ideal realtor will be able to look at your buy big picture, empower you to chase your dreams and help remove the obstacles to your homebuying success. Your agent should confidently remove the stress from your homebuying experience – starting with the communication between you and the agent and being sure they truly have an idea of why you're moving and what your home needs are. Finding the right neighborhood is also key – it has to match your lifestyle. Maybe you're looking for something that will offer you a 15-minute commute, or you want to be on a golf course, close to cultural sites, in a family or pet-oriented area or in an area with all the conveniences nearby.

Once you've unlocked the door on your dream home, you'll want to design an interior you'll love looking at every day. Designer **Beth Armijo** says, "You want whatever you bring in to your house to be an authentic version of yourself." **Jim Hering**, co-founder of and designer at **HW Home** seconds that by saying "The biggest thing is buying things that you love, regardless of what's trendy or hip – focus instead on pieces that have visual appeal but functionality, too. It's easy to create an interior that looks like a model home. And while that's pretty, it's putting your own stamp on things that really makes a house a home." Even a home you've lived in for some time can benefit from simple updates. The simplest change is to simply edit before making any big moves – remove clutter like magazines and other items first. Armijo also likes clients to focus on items that have meaning to them – a special piece of art or something from a recent trip. "Personal items are huge, because they are collected over time and have such meaning. They add warmth to a home," she says. Other quick fixes Armijo recommends are swapping out light fixtures and adding a fresh coat of paint. **Michelle Moriarty** at **Carla's A Classic Design** suggests changing out pillows, accessories and flower arrangements seasonally to keep a room fresh. HW Home's Hering concurs, "Changing throw pillows for color, or even making the look neutral, can add life and visual interest to a room." Another simple technique? Moving things around. This no-commitment option often shifts the way a certain piece is seen and gives new perspective to the room.

If you're in the market for a complete overhaul, it's important to go in with a game plan. "First make a whole house plan, then you can go room by room but having a whole plan helps the finished product all flow together nicely," says Moriarty. Armijo agrees

HOME  
IS  
WHERE  
YOUR  
STORY  
BEGINS



Photos by Kimberly Gavin  
Design by Beth Armijo

with this approach, saying "Planning with a designer will give you a roadmap. Designers are trained to prevent mistakes from happening and prevent wasting time. You wouldn't try to be your own mechanic – designers are experts in proportion, scale and color and have the resources necessary to do the job well." Just as quality design changes take time, working with a designer may also prevent costly mistakes. Communication – especially being able to tell your designer when you're not keen on an idea – is important. As for the trends coming up this year, Armijo sees a shift into a design which happens naturally and has a purpose, but a space that isn't perfectly designed – she encourages people to be resourceful in combining new pieces with items they already have, repurposing them. Moriarty sees a trend of mixing old and new, lighter fabrics, wood tones and paint colors and metallics. Hering encourages would-be redecorators to seek out looks that go beyond the big-box stores and choose items that aren't automatically brand recognizable. HW Home, for example, specializes in blending pieces from different design categories, giving a room an eclectic – but totally liveable – look. All three designers agree – no matter what you buy, pick things you love. "It's your home and you have to live in it every day!" says Moriarty.



Grow through  
what you go  
through.

*Celebrate  
every  
tiny  
Victory.*

**THE COMEBACK  
IS ALWAYS  
STRONGER THAN  
THE SETBACK.**

*Be  
obsessively  
grateful.*

**"If I ever let  
my head down  
it will be just  
to admire my  
shoes."**

You're always one  
decision away from a  
totally different life.

Don't promise when  
you're happy,  
don't reply when  
you're angry,  
don't decide when  
you're sad.



**OUTDREAM  
YOURSELF.**

**Chin up princess,  
or the  
crown slips.**



# 30 Days to a Happier You

We get it, sometimes change takes time we just don't have. Yet with these easy little efforts, you'll feel better, look better and will be on your way to a more self-actualized version of you in a month.

01. Take a long, deep breath. Repeat. Smile.
02. Involve yourself in a random act of kindness.
03. When someone upsets you, smile and walk away.
04. Get a massage.
05. Take a 30-minute walk.
06. Share something you're proud of on social media.
07. Take a bubble bath.
08. Drink more water.
09. Indulge in the art of doing nothing.
10. Turn your phone off for two hours.
11. Turn it back on, call your mother and say "I love you."
12. Twirl.
13. Put in an extra hour at work. Take pride in a job well done.
14. Get a library card and check out a real live book.
15. Eat dinner at a new restaurant with an old friend.
16. Take yourself, and your new library book, to lunch.
17. Listen to music. Daily.
18. Plan your dream vacation. Even if it's years away, you're taking the first step.
19. Make a vision board. Hang it up. Look at it every morning.
20. Declutter one drawer or cupboard. See where that leads you.
21. Donate ten dollars to your favorite charity.
22. Give yourself a pat on the back. You're doing a great job.
23. Go one week with no alcohol. Replace with herbal tea.
24. Celebrate the end of that week with a glass of something wonderful. Learn about wine and savor quality over quantity.
25. Open a savings account. Twenty dollars or two thousand, it doesn't matter.  
You're making the effort and in time, that number will grow.
26. Check your credit. Clean up inaccuracies and work on the blemishes.
27. Buy a box of stationery and start writing thank you notes.  
A text or an email is not the same thing.
28. Do 25 sit ups.
29. Start dry brushing every day. It's an inexpensive, easy miracle worker.
30. Love yourself. Every single day.



## DENVER'S DESTINATION FOR ORGANIC FACIALS & WAXING

MORE THAN 50 LINES OF ALL NATURAL, ORGANIC, GREEN BEAUTY GOODNESS



  
**VERT**  
~ beauty ~

REIGN READERS  
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# Remember When

Celebrating the moments and the milestones that define modern day style

By Rebecca Treon and Betsy Marr

20

## Years Ago

2016 was no doubt a hard year – talents from Prince to David Bowie were lost, but 20 years ago, in 1997, the world said goodbye to two heroines of the modern era: **Princess Diana** and **Mother Teresa**. The Princess of Wales, who was known for her inimitable style and charity work, died in a car crash in Paris. Mother Teresa founded the Missionaries of Charity, dedicated to helping the poor, those with HIV/AIDS, leprosy and orphans in India and around the globe. The recipient of the Nobel Peace Prize in 1979, Mother Teresa was canonized into sainthood in 2016.



## 25 Years Ago

Prada's little sister, **Miu Miu's** line of playful, creative shoes, clothes and accessories (in contrast to Prada's severe minimalist look at the time) turns 25 this year. The line is elegant and sophisticated with a twist – designer Miuccia Prada's personal playground. And the name? It's taken from Prada's family nickname.



## 30 Years Ago

1987 was the year that the now classic tale of forbidden love hit the big screen in ***Dirty Dancing***. Starring Patrick Swayze and Jennifer Gray, the film is set in the early 1960s at a posh resort in the Catskills, where Frances "Baby" Houseman (a guest from an affluent family) gets dance lessons from working-class dance instructor Johnny Castle. Soon, things heat up on and off the dance floor. The film coined the now famous line, "Nobody puts Baby in a corner."





# 40 Years Ago



Terry O'Neill's iconic photo of **Faye Dunaway** taken the morning after she won an Oscar for the film *Network* in 1977 turns 40 this year. O'Neill wanted not just another press room photo of an Oscar winner, rather, he wanted to capture the aura of a winner when they realized their life has completely changed, going from an actor to a star. The pair met early the next morning at the Beverly Hills Hotel for the poolside shoot, where the photographer also took a shot at love: O'Neill and Dunaway later married.

In 1977, **Manolo Blahnik** made his entrée into the US, hopping across the pond and into the closets of well-heeled American women. What began as a London-based collection in 1972 quickly rose to the pinnacle of fashion prestige and, in 1974, Blahnik became the first male ever to grace the cover of British *Vogue*. The beloved shoemaker turns 75-years-old this year and his star has never shined brighter.

# 50 Years Ago

**Ralph Lauren** launched his first line of clothing with the Polo label 50 years ago, in 1967. By 1971, there was also a women's line. The Polo shirt, with its signature logo, launched in 1972 in seventeen colors and soon became the uniform of preppies from coast to coast.

*Cool Hand Luke*, the 1967 film that cemented Paul Newman as one of the top actors of the era turns 50 this year. A prison drama about a man who refuses to submit to the system, the film rocketed to box office success and earned Newman an Oscar nom and his co-star, George Kennedy, an Oscar win.

In 1967, the 'father of Rodeo Drive' Fred Hayman, opened **Giorgio Beverly Hills**, a high-end women's boutique on **Rodeo Drive**, effectively starting a makeover in motion. The next year, **Gucci** opened up shop, followed by **Vidal Sassoon**, converting the ordinary street into a luxury shopping destination. The store's signature yellow and white awning became its hallmark, attracting celebrities like Natalie Wood, Princess Grace and Elizabeth Taylor. They launched the fragrance Giorgio in 1979, which was a runaway success worth millions.

50 years ago, in 1969, the *Valley of the Dolls* novel came to life as a movie. Based on the popular novel by Jacqueline Susanne, the plot follows three young women in New York City trying to make it in show business but finding the pitfalls of prescription pills. The movie, starring Patty Duke and Sharon Tate, has gained a cult following over the decades.





**Years Ago**

55 years ago, **Andy Warhol** turned the art world upside-down with his pop art portrait of **Marilyn Monroe**. Known for his outrageous parties at Studio 54, his unique hair and style, and his silk-screen images of everyday items, Warhol created the Marilyn Diptych in 1962, shortly after the actress' death. Twenty-five repeated images, all from the publicity photos of her film *Niagara*, appear on the left in color and on the right in black and white, believed to be a metaphor for the star's life and death. The influential painting hangs at London's Tate Gallery.



**Years Ago**

1957. **The Chanel Two-Tone Shoe** hit the fashion market, taking it by storm. The two-tone style shortened the foot, elongated the leg and was versatile for day or night. With a ballet flat, low heel and slingback style, the shoe manages to be both chic and practical. Celebrities like Brigitte Bardot helped to cement the timeless status of the Two-Tone, which continues to be a best seller.



**Years Ago**

2017 marks milestone birthdays for both **Jane Fonda** and **Madeleine Albright** – they turn 80 years old this year. Fonda, an award-winning actress known for films like *Barefoot in the Park* and *On Golden Pond*, her outspoken opposition to the Vietnam War and her popular workout videos, hasn't slowed down with age: she stars in the hit Netflix series *Grace & Frankie*. Albright was the first female Secretary of State under President Bill Clinton. As a child, her family fled war-torn Czechoslovakia and emigrated to the United States, settling in Denver. Cheers to two strong, dynamic role models.



**Years Ago**

**Chanel No. 22**, the fashion house's delicious perfume with hints of white flowers like tuberose, jasmine, roses and ylang ylang, turns 95 this year. First launched in 1922, a year after big sister Chanel No. 5, the fragrance, celebrated the era's new, modern woman. The faces of Chanel perfume have ranged from beauties like Marilyn Monroe and Catherine Deneuve to Nicole Kidman and Gisele Bündchen.



# 100 Years Ago

Iconic American president **John F. Kennedy** was born on May 29, 1917 and would have turned 100 this year. The Massachusetts senator was the 35th president of the United States, was the youngest president ever elected, the first Catholic and served from 1961 to his assassination in 1963. Married to style icon **Jacqueline Kennedy**, in his Inauguration speech, he famously said "Ask not what your country can do for you, but what you can do for your country."



# 125 Years Ago

First published in 1892 as a diary of style aimed at New York City's upper class, *Vogue* magazine celebrates its 125th birthday this year. Every fashionista's bible, *Vogue* pushes the edges of creativity and celebrates designers, culture and beauty while making superstars of models. Helmed since 1988 by editrix extraordinaire Anna Wintour (known for her bob and dark glasses), *Vogue* continues to shake things up in both the fashion world and pop culture arena.



The year was 1837 and the place was Brooklyn, Connecticut. A young Charles Louis Tiffany opened a self described "stationery and fancy goods emporium" catering to the area's upper crust. Two decades later, he moved his shop to Manhattan's lower east side and turned his focus to fine jewels. **Tiffany and Co.** was born, since making the little blue box the coveted status symbol of tastemakers worldwide.

# 180 Years Ago



# WELCOME *to* Cherry Creek

From an afternoon with the girls to an evening ensconced in elegance, Cherry Creek Shopping Center is the perfect blend of comfort and couture. Come with us as we take a stylish journey through Denver's fashion gem.

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**AMANDA HUME + NATALIE OLSON**  
**VERT BEAUTY**

HAIR STYLISTS

**LAURA THOMPSON + JANELLE GALAMAY**  
**GRAND SALON**





#### PRECEDING PAGE

On the Lady: Akris Punto Dotted Houndstooth Coat, \$1,990; Akris Punto A-Line Dress, \$995; Tory Burch Cat-Eye Sunnies, \$175; Stella McCartney Falabella Clutch, \$925

On the Gentleman: Armani Collezioni G-Line New Basic Wool Suit, \$1,690; Brooks Brothers Non-Iron Regent Fit Dress Shirt, \$92; Tom Ford Tie Dot-Print Knit Tie, \$290; Tom Ford Shiny Metal Half-Rim Sunnies, \$475

#### THIS PAGE

Vince Camel Trench Coat, \$695; Brooks Brothers Cashmere Floral Intarsia Sweater, \$298; Brooks Brothers Scallop-Edge Dobby Shirt, \$108; Brooks Brothers Cuffed Stretch Cotton Oxford Pants, \$148; Miu Miu Round Overlay Sunglasses, \$460



THIS PAGE

On the Lady: Herve Leger Ikat-Print Flounce Dress, \$2,190; Rebecca Minkoff Love Quilted Leather Bag, \$295

On the Gentleman: Armani Collezioni Two-Button Plaid Suit, \$1,395; Brunello Cucinelli Box Check Sport Shirt, \$595; Zanella Parker Gabardine Trousers, \$495



#### ABOVE

On the Gentleman, left to right: Brooks Brothers Regent Fit Double Stripe 1818 Suit, \$1,198; Brooks Brothers Non-Iron Regent Fit Bengal Stripe Dress Shirt, \$92; Brooks Brothers BB#1 Rep Tie, \$79.50; Salvatore Ferragamo Reversible Vara-Buckle Belt, \$440; Brooks Brothers Regent Fit Windowpane 1818 Suit, \$1,198; Brooks Brothers Non-Iron Milano Fit Royal Oxford Dress Shirt, \$120; Brooks Brothers Dot Rep Tie, \$79.50; Armani Collezioni G-Line New Basic Wool Suit, \$1,690; Brooks Brothers Non-Iron Regent Fit Dress Shirt, \$92; Brooks Brothers BB#3 Rep Tie, \$79.5



#### ABOVE

**On the Lady:** Neiman Marcus Double-Faced Hooded Cape, \$1,295; Neiman Marcus Ribbed Turtleneck Sweater, \$265; Vince Leather Legging, \$1,150; Brooks Brothers Glazed Leather Babe Shoulder Bag, \$798

**On the Gentleman:** Ermenegildo Zegna Check Wool Sport Coat, \$1,995; Neiman Marcus Cashmere-Silk Turtleneck Sweater, \$195; Seven for all Mankind Luxe Performance Slimmy Jeans, \$198

# DAVID YURMAN

## THIS PAGE

On the Ladies, left to right: Alice + Olivia Jolene Embroidered Blouson Dress, \$395; Vince Suede Leggings, \$995; Tory Burch Tassel Leather Shoulder Bag, \$475; Badgley Mischka Colorblock Dress, \$355; Brooks Brothers Glazed Leather Babe Shoulder Bag, \$798; Kate Spade New York Sleeveless Floral Pleated Dress, \$448

## OPPOSITE PAGE

From left to right: Theory Clairene Jacket, \$595; Theory Elliv Ruffle Georgette Blouse, \$295; Theory Treeca Cropped Pants, \$315; Diane von Furstenberg 1, 2, 3 Asymmetric Convertible Coat, \$898; Diane von Furstenberg Chrissie Chevron-Stripe Shirt Dress, \$448; Trina Turk Deming Floral Silk Top, \$288; Trina Turk Floral Lace Pencil Skirt, \$268; Brunello Cucinelli Wool-Blend Sport Coat, \$3,495; Vince Cashmere Hoodie, \$265; Etrö Floral-Print Sport Shirt, \$395; Vince Cardigan, \$375; Neiman Marcus Floral Print Cotton Sport Shirt, \$175; Armani Collezioni Textured Sport Coat, \$1,895; Armani Collezioni Micro-Check Sport Shirt, \$295; AG Adriano Goldschmied Graduate Jeans, \$198





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# Live Beautifully



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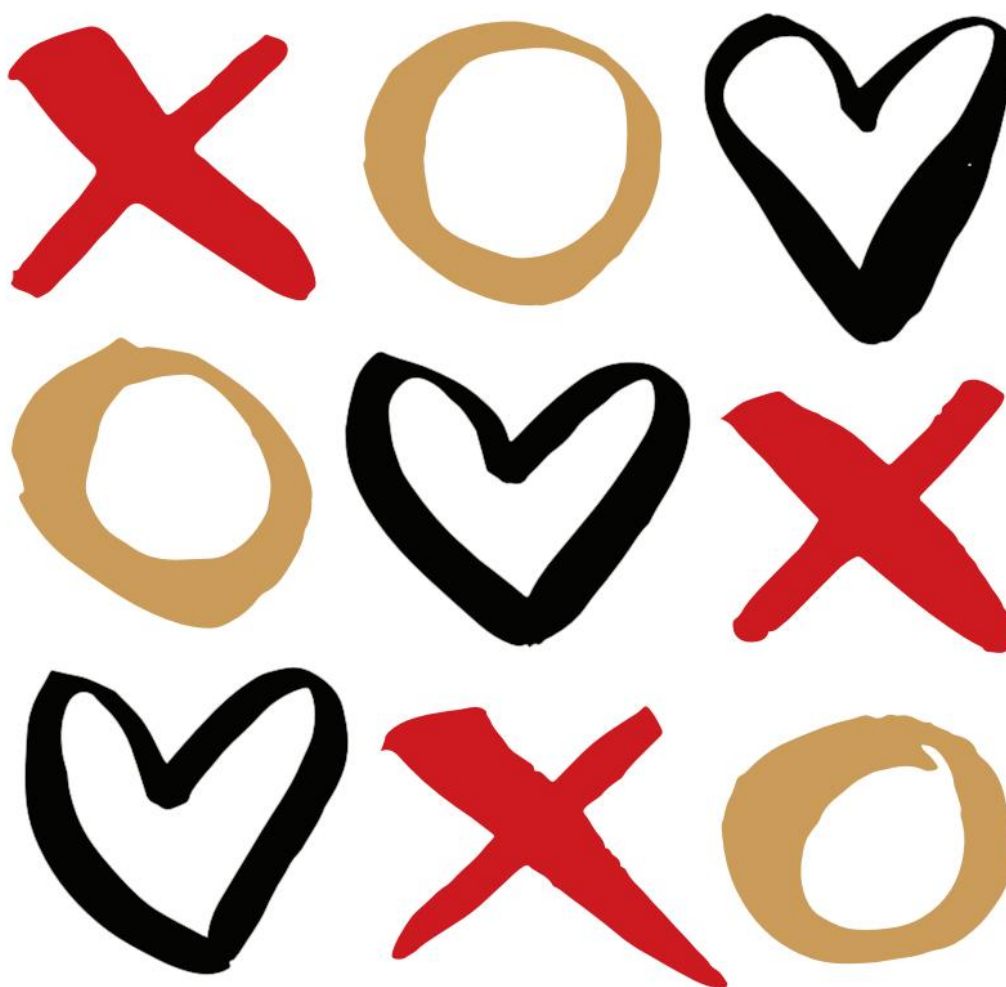
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HELLO  
*my love*



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## VALENTINE'S DAY GIFT GUIDE

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Dreamy gifts to love this February 14

♥ Curated by Betsy Marr ♥





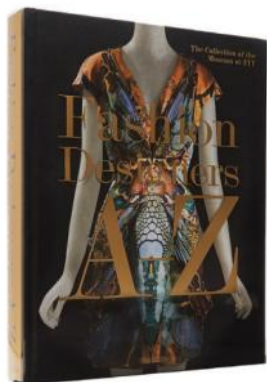
**Palmellato**  
Diamond Sabbia Pendant, \$2,200  
osterjewelers.com



**Gucci**  
Intarsia Metallic Scarf, \$270  
gucci.com



**Gray Malin**  
Prada Marfa Legs Print, \$199+  
graymalin.com



**Taschen**  
Fashion Designers A-Z, \$70  
taschen.com



**Hermès**  
Cage d'H Earrings, \$370  
hermes.com



**Smythson**  
Panama Wallet, \$315  
smythson.com



**Valentino**  
Embellished Leopard Gloves,  
\$575  
valentino.com



**Sarah O.**  
Art-Deco Diamond Earrings, \$1,650  
sarahojewelry.com



**Jay Import**  
PDaphne Decanter Set, \$44  
onekingslane.com



**Alice + Olivia**  
Carisa Gown, \$715  
aliceandolivia.com



**Globe Trotter**  
Goring Travel Trolley, \$2,810  
net-a-porter.com

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**“LOVING HER  
IS A SPLENDID  
ADVENTURE.”**  
– F. SCOTT FITZGERALD

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**Begg & Co.**  
Cashmere Checked Scarf, \$135  
[mrporter.com](http://mrporter.com)

A close-up photograph of a cashmere checked scarf. The scarf features a plaid pattern with red, beige, and grey lines. The ends of the scarf are finished with fringes. The scarf is draped over a white background.

A dark blue Nike sneaker with brown laces and a white swoosh logo. The shoe has a white midsole and a brown leather-like upper. It is shown from a side profile against a white background.

A close-up image of a multi-colored braided belt. The belt features a complex, multi-colored braid pattern in shades of red, blue, yellow, and black. It is equipped with a silver-toned metal buckle and a black leather-like strap. The belt is coiled, showing its texture and the buckle's design.

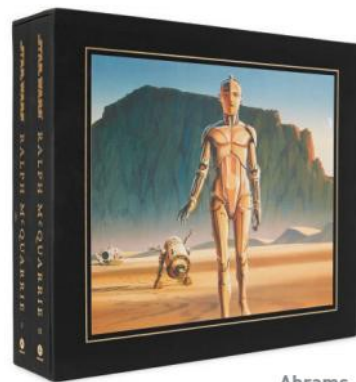


**Filson**  
Pullman Twill Holdall, \$450  
filson.com

**The Workers Club**  
Varsity Combed Cotton Socks, \$35  
mrporter.com

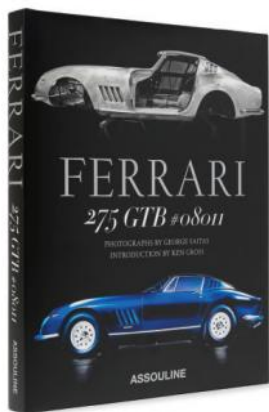


**Asprey**  
Sterling Rocket Cocktail Shaker, \$12,150  
mrporter.com



**Abrams**  
Star Wars Art, \$250  
abramsbooks.com

**Assouline**  
Ferrari 275 GTB, \$95  
assouline.com



**Frescobol Carioca**  
Wooden Beach Bat and Ball, \$245  
mrporter.com



**Etro**  
Paisley Silk Pocket Square, \$125  
neimanmarcus.com



**Foundwell Vintage**  
Sterling Boxing Figures, \$3,185  
foundwell.com



**Tom Dixon**  
Painted Champagne Flutes, \$90  
tomdixon.net



**Thom Browne**  
Striped Cashmere Sweater, \$1,160  
thombrowne.com

“I CARRY YOUR  
HEART WITH ME.  
I CARRY IT IN MY  
HEART.”

– E.E. CUMMINGS





# FOR YOUR GALENTINE

**Kate Spade New York**  
Heart Card Holder, \$50  
katespade.com



**Moon & Lola**  
Morningside Studs, \$58  
moonandlola.com



**Bloom Jewelry**  
Long Rodnelle Bar Necklace, \$104  
jewelrybybloom.com



**Sugarfina X JA**  
Confections Bento Box, \$28  
jonathanadler.com



**Bauble Bar**  
Concordia Crispin Drops, \$52  
baublebar.com



**Lingua Franca**  
Till the Break of Dawn Sweater, \$360  
net-a-porter.com



**Abrams**  
YSL, \$75  
abrams.com



**Elizabeth and James**  
Astral Topaz Ring, \$95  
net-a-porter.com

**Tom Dixon**  
Materialism Candle, \$100  
net-a-porter.com



**Tory Burch**  
Fur Pom Pom Key Fob, \$67  
toryburch.com

**Burberry Beauty**  
Parade Red Lipstick, \$33  
burberry.com



**Tory Burch**  
Classic Flip Flop, \$50  
toryburch.com



**StudioSarah**  
Monogram Notebook, \$15  
net-a-porter.com



**Tory Burch**  
Jolie Fleur Rollerball Parfum, \$29  
toryburch.com



**Deborah Lippmann**  
Very Berry Nail Polish Set, \$36  
net-a-porter.com



**Jonathan Adler**  
Full Dose Coasters, \$68  
jonathanadler.com



**Joanna Buchanan**  
Brass Bug Box, \$69  
onekinglane.com



**J.Crew**  
Leopard Print Belt, \$80  
jcrew.com



**Darcy Miller**  
Celebrate Everything, \$30  
tatteredcover.com



**Rosanna**  
Chez Elle Decanter, \$49  
zincdoor.com



“TRENDS COME  
AND GO, BUT  
FRIENDSHIPS NEVER  
GO OUT OF STYLE.”

—CARRIE BRADSHAW





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to



reality





# Lifted Spirits

SheLift: Raising Girls' Self-Esteem With Outdoor Adventures

By Rebecca Treon



Growing up in the foothills of Evergreen, Colorado, Sarah Herron never thought much about the fact that she didn't have a left arm. Herron was born with amniotic band syndrome, leaving the arm only partially developed. As a youth, Herron simply made do and her classmates never made it a big deal. When she moved away at age 20 to attend design school in Los Angeles, though, her insecurity and self-consciousness started to grow and she had an especially hard time meeting men and dating.

A friend nominated her for hit dating show, *The Bachelor* and they invited her to participate, the thought of which terrified Herron. But, she says, "It was scary enough meeting someone to date, let alone doing it competing with 25 other women on national television, but I thought if I could do it, I'd get over my insecurities once and for all and never have to do it again." She made it more than halfway through that first season on the show and, afterward, she began getting letters from girls with disabilities as well as their parents, family members and teachers, thanking her for showing the world that disabled people can do anything, including compete on a televised dating show. She realized then that she had had an impact on everyday girls who faced insecurities, too, and who never had a role model like themselves on television. She was invited back to *The Bachelor* a second time, where her fan base grew due to Herron's down-to-earth authenticity. Herron didn't shy away from talking about her insecurities or flaws and made a point of emphasizing that as women, it was not cool to compete with each other.

In her spare time, Herron became increasingly active in outdoor sports: hiking and backpacking, but especially skiing, always summiting mountains and flying over moguls as a solo adventurer. She realized how empowering every adventure became — with each mountain climbed, her self-esteem would grow and it was from within, not from clothes, hair or guys. As an art designer with a top ad agency, Herron was well aware of the trend of girls and young women measuring their self-worth based on their popularity on social media outlets like Facebook and Instagram. Herron decided to use her influence to show girls that their self-worth comes from within, not from how many likes or followers they have.



“It’s really something magical and inspiring to give to girls, to show them that they can do anything and that outdoor adventures can be life changing.”

In mid-2016, Herron had the idea to start a non-profit organization that would empower disabled girls and boost self-esteem by taking them on outdoor adventures. With that, SheLift was born. Herron’s brainchild partners the girls with mentors who have a certain level of celebrity, whether it’s from athletics or television (The original *Bachelorette*, Trista Sutter, is one) and the girls use that relationship with their mentor to navigate confidence and self-acceptance.

It was watching a disabled skier with determination that inspired Herron to create SheLift’s signature tees, which bear the motto “*maybe you literally can even.*” After watching others with disabilities persevere and do something most people would find impossible, Herron decided we each have to learn to not make excuses – people can truly do anything they put their minds to. To start her non-profit’s programs, Herron held a crowd-funding campaign that raised \$31K in a week. “It’s really something magical and inspiring to give to girls, to show them that they can do anything and that outdoor adventures can be life changing,” she says.

Now, the group has recruited seven young women ages 20-25 to take part in a ski retreat in March. By partnering with Challenge Aspen, Icelantic Skis and Aspen Ski Company, the girls will come to Aspen and hit the slopes for the first time. “They’re a little scared, but they’re open. They’re willing to try something they’ve never done before in order to grow,” says Herron.

And what’s next for SheLift? In the summer, they plan to host what they call Big Tent Pole Summits – retreats where anyone and everyone can get involved. There won’t be an application process or registration, rather interested participants from SheLift’s social and online communities will gather, meet-up style, for an outdoor adventure. SheLift will also continue their small quarterly retreats for groups of five to 10 girls and will make localized social chapters. Herron plans on including lectures with guest speakers, alongside fundraising and other special events.



Herron envisions SheLift to grow into more of a movement, not just a non-profit organization. She hopes that girls from all walks of life will want to participate. “All girls need to seek empowerment and self-confidence, no matter how they are different from one another. SheLift will give them a safe place to share their doubts and overcome them.” We couldn’t have said it better ourselves.



## Reign's Women of Style 2016

One hundred of Denver's most fashionable ladies gathered on November 10th to celebrate *Reign Magazine's* 2016 Women of Style. Held in partnership with Bentley Denver, gorgeous gals and their guests were the first to know who made the year's annual "List" – an honor bestowed on the state's ladies who exude style from the inside out. As partygoers mingled, they took in all that was Bentley, including the brand new Bentayga SUV model. All the while, they enjoyed delectable fare from the chefs at Footers Catering, and watched as artist Jennie Lou Pitts created a live painting of the evening's festivities.



PHOTOS BY KATIE BRADSHAW

1. Teddy McNaughton and Rachael Davidson greet guests in looks styled by Reign Magazine
2. The 2017 Bentley Bentayga
3. Kaitlin DiVenere of Perch, Lindsay Bloom of Bloom Jewelry and Taylor Roark of A Line
4. Cover model Candace Schoeff and husband Dr. Jonathan Schoeff
5. Ladies were dressed to the nines for the evening's festivities
6. Ann Benson Riedy, Jaala Sheldon and Micah D'Hont
7. Shannon Forsberg, Jackie Sturniolo, Sara Wagner, Chelsea Magness, Toni Longo, Kara Nunley, Shelbi Robinson



PHOTOS BY KATIE BRADSHAW

- 8.** Ellen Marchman of Get Ink PR, *Reign Magazine* Art Director  
**9.** *Reign Magazine's* Betsy Marr with Joe and Janci McClafferty  
**10.** Ashley Summers, Laura Winn Boyd and Karon Kaltenbach  
**11.** Jill Hodges, Michelle Odenbach and Krista Benedetti  
**12.** Jill Hodges created a custom painting on which the event's invitation was based  
**13.** Bentley Brand Manager Vaughan Grice with Kelly and Brian Zibell  
**14.** Sarah Herron of SheLift and ABC's *The Bachelor* with Katie Agron of Wolfe Design House  
**15.** Brittany Pillard of The Cashmere Gypsy, who won a weekend with the Bentley Bentayga  
**16.** Live art was created during the event by Jennie Lou Pitts  
**17.** Jamie Angelich with Amy Dismuke, wife of Bentley Ferrari of Denver GM Mark Dismuke

## Larimer Square Holiday Fashion Show

More than 100 kindhearted supporters braved the first snow of the season on November 17th as they gathered at Ocean Prime for the Larimer Square Holiday Fashion Show. The show, which benefited MaxFund no kill shelter, was produced and styled by *Reign Magazine* publisher Betsy Marr. Stunning models hit the runway to a mash-up of familiar holiday tunes as they donned carefully curated looks from each of Larimer's fashionable retailers.



1. A DJ played mash ups of popular holiday tunes as models took to the runway
2. Holly Osborn
3. Vivienne Edridge of Maximum Talent in looks by Hailee Grace
4. Theresa and Lilli Lydick
5. Elizabeth Haynes of Maximum Talent modeling a gown from Blue Ruby
6. Riley of Maximum Talent models a DVF jumpsuit from Blue Ruby
7. Holly Baratta of Maximum Talent models a look from Blush
8. Rob models a dapper look from Moda Man



PHOTOS BY ADAM RIPPLINGER

## Brass Ring Luncheon

November 18th's Brass Ring Luncheon, benefiting the Guild of the Children's Diabetes Foundation, set records, raising more than \$350,000 with over 800 guests in attendance. Chairwoman Wendy Aiello and Guild president Tangy Buchanan tirelessly worked with a talented committee to produce both live and silent auctions that excited and inspired the crowd, while a fashion show featuring looks from Cherry Creek favorite Garbarini and produced by Josh Schmitz dazzled all.



PHOTOS BY TRAVIS BROXTON AND JANSSEN PHOTOGRAPHY

1. A gorgeous model shows off looks from Garbarini, the event's fashion sponsor
2. Kara Diamond-Husmann, Brian, Hana and Hailey Husmann
3. Shelley Lucas, Barb Oberfeld and Tangy Buchanan
4. Troy Thollot and daughter Danielle Thollot
5. Charlie and Judy McNeil
6. Kensington Tillo, Tangy Buchanan and Wendy Aiello
7. Shane Hendryson, Dana Davis, Tangy Buchanan, Judy & Charlie McNeil

Au Revoir



Starlet Rita Hayworth  
in Murren, Switzerland,  
circa 1949

May you *take in the views* from a snowcapped peak.

May you *find comfort by the fire* with the one you adore.

May you *celebrate each new year* but treasure the last.

May you *take leaps of faith* and jumps of joy.

And may you *always remember* that *the best is yet to come*.



  
**Smiles**

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